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Making history with Golden Sands School
 Story page 5

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Pāpāmoa: op shop heaven



Store manager Karen Baker in the new Pāpāmoa SPCA op shop on Parton Rd.

Pāpāmoa is becoming a magnet for op-shop lovers, with another new op shop opening its doors.

The SPCA Pāpāmoa Op Shop is located at 80 Parton Rd in the new development which also houses Shared Workspaces, a dairy, tattoo and art studio, and eateries.

Store manager Karen Baker says the store has had a warm welcome from the community since it opened last month. Its niche is as a recycle, vintage and collectibles boutique, but it also sells the usual items you'd expect to find in an op shop such as good quality clothes, shoes, toys and kitchen items.

"We are getting great feedback," says

Karen. "We are getting people from every walk of life, from young ones to retirees, lots of mums and children and even teenage boys.

"We have a constant stream of people coming in dropping donations. People are so generous. Pāpāmoa is so friendly."

The store is one of 140 op shops recently opened by the SPCA; more people are shopping at op shops post-pandemic.

"For younger people it [can be about] saving the planet and recycling," says Karen, who also sees customers keen to customise vintage clothing for a unique look or wearable art.

Some want to beat the cost-of-living crunch – the shop has been popular with parents from the neighbouring primary school and early childhood education centre. Karen has experience working with collectibles and has already identified some valuable gems donated in Pāpāmoa. Like the vintage set of one hundred children's books about gnomes, which she discovered was worth 120 British pounds.

The SPCA has a Trade Me account where it sells such valuables, and the Pāpāmoa store will eventually have its own account. The store has also received a set of American vintage trunks which are being used for display but will also be sold on Trade Me.

As well as seeking quality donations, the store is also seeking volunteers aged over 16 and an assistant manager. Becoming a volunteer in the store is a great way to gain retail training and experience, says Karen.

"We would love to give some experience to [someone] who perhaps has been out of the work force and would like a bit of confidence, or young people, it will help them get into work."

The store is currently open Tuesdays to Saturdays 9am to 5pm but will soon be open seven days. ■

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From the editor's desk

This issue we celebrate the wonderful children and young people in our community. Enjoy our AIMS Games special, which recognises outstanding achievement in this fantastic tournament for intermediate-aged children. It's also wonderful to see the opportunities in the arts available in local schools. We hope you enjoy our stories about both the Pāpāmoa College production of Fame Junior, and Golden Sands School's unique production. Such awesome talent! ■ *Ellen Irvine*

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College students take on Fame Jr

Neon clothes, 'bouffy hair' and great music: a cast of 40 Pāpāmoa College junior students are taking on the 1980s classic Fame for their school production this October.

Director Liz Proudlock, who is the school's performance arts teacher year 7-9, says the show is the junior version of

the well-known show Fame.

"Every second year we do a junior production which gives our year 7-9s and possibly 10s a chance to have a lead role in a big school production. This is a chance for them to shine."

The large cast includes 16 speaking roles, with dancers, leads and an ensemble, as well as students working as back-stage crew.

The show will appeal to a wide range of age groups and is a lot of fun, says Liz, with "really good music, bright neon clothes, and bouffy hair. It's the eighties."

Fame Junior will be performed at the Pāpāmoa College Theatre from Wednesday 26 October to Saturday 29 October at 6.30pm. Tickets are \$10 per student and \$15 per adult and are available only at the school office.

The performances will be the culmination of eight months of hard work, as the students have been rehearsing since February.

"Keeping that momentum going has been challenging for them, they recognise the commitment. But because we have been rehearsing for so long, we feel like a family. The kids really look out for each other and have made



Some of the cast of the Pāpāmoa College production of Fame Junior.

some great friendships along the way."

The junior production also provides an opportunity for senior students to get involved behind the scenes. Year 12 student Abbie Jacob, who last year played the title role in the college production of Alice In Wonderland, is supporting the cast.

"She has been working with small groups, helping with singing tuition and acting," says Liz. "She's really enjoying that, and it's given her a chance to have a try at being on the other side of it, the production side.

"We also have senior students helping with backstage; it's great that the seniors are coming in to support the juniors."

The cast includes James Ferns, Videll Harrison and Carlos Ammon as 'the actors'; Vinny Hayes, Taylah Medeiros, Bella Harley, Stella Riley and Sienna Hanley as 'the dancers'; and Oliver Spence, Chloe Tidswell and Ollie Sutcliffe as 'the musicians'.

'The teachers' are played by Eden Singer-Denton, Sophie Brown, Nathan Brown and Jayden Holdaway. ■

PĀPĀMOA COLLEGE
PRESENTS

Conceived and Developed by David De Silva

Book by José Fernandez Lyrics by Jacques Levy Music by Steve Margoshes

Wednesday 26th - Saturday 29th October 2022
6.30 - 8.30pm

Pāpāmoa College Theatre

Tickets available at the school office
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Adults \$15

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Babies thrive on sensory classes

A Pāpāmoa sensory programme for babies is so popular it's attracting families from as far afield as Waihi and Morrinsville.

Georgia Murray started Thrive Sensory earlier this year as a learning space for babies, toddlers and parents.

As a new mum to baby Maeve, who turned one in September, Georgia saw a need for such a programme locally. As well as term classes at Pāpāmoa Sport and Recreation Centre (Gordon Spratt Reserve), Georgia regularly hosts pop-up and messy play sessions, both in Pāpāmoa and her hometown of Te Awamutu.

The child-led play-based classes are designed to stimulate and educate, and are underpinned by child development theories, incorporating all the best elements of

play. Georgia sets the classes up with different sensory stations, using everything from soft play to bean bags and lights – and everything is first test-driven by baby Maeve. There are three different age sessions for tummy time, crawlers, and toddlers up to age two.

In her previous work as a social worker, Georgia had seen the benefits of sensory therapy when working with children and youth with social and learning challenges. When she became a mum, she wanted to take her daughter to a sensory programme and decided to start her own.

"There are so many benefits of sensory play – it's literally helping our babies build their brains, laying the foundation for all their future learning and overall development... social and emotional, connecting

with other babies, and their gross motor skills – they get motivated to crawl."

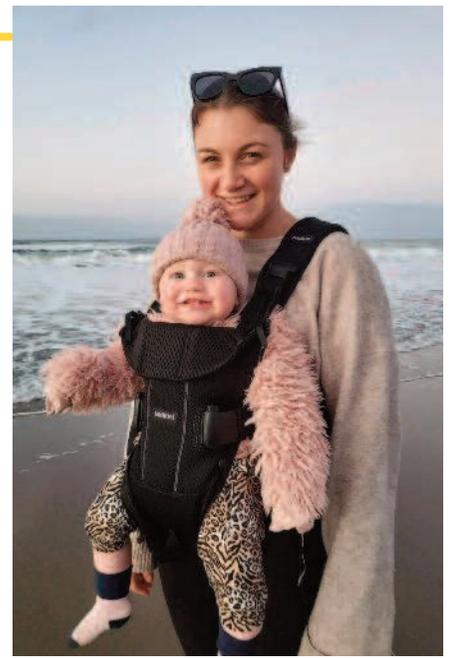
The sessions are designed so babies can use different parts of their brain, with new themes each week. Parent education is also part of each session.

Georgia's desire to reach more families led to the pop-up programmes, so parents who can't commit to a term can still benefit.

The mostly food-based messy play sessions are a whole lot of fun, says Georgia, who warns that parents get messy as well as kids.

"Everything is taste-safe for babies as they put everything in their mouths. We have things like rainbow spaghetti, and lots of different textures.

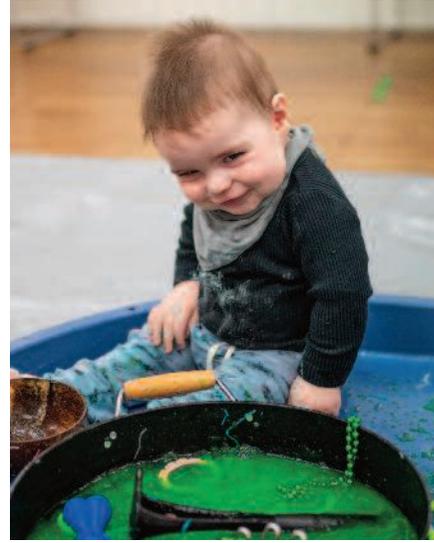
"It's fun because you get to meet parents with similar age children as well, and have



Georgia Murray of Thrive Sensory with daughter Maeve



Some of the fun at Thrive Sensory classes.



those conversations like 'how did your child sleep last night?'

"It's also good for parents to be able to connect with their babies with no distractions and uninterrupted time together, for them to find quality time and learn about their children, their interests, their preferences."

Georgia is motivated by a desire to help others and is delighted with the positive feedback to the classes.

"Pāpāmoa is such a new community; when people move here they may not have that family connection in the area and they are really seeking connection. This is a really fun place to connect."

For more information see the Facebook page Thrive Sensory. ■

**Papamoa
Dental
Centre**

Meet Our Hygienists

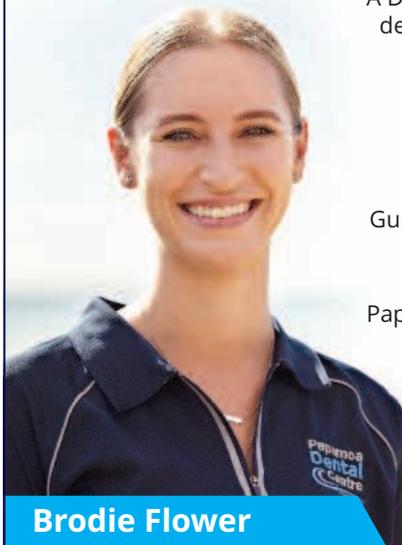
A Dental Hygienist is a dental professional who works together with the dentist and specialises in the detection, treatment and prevention of gum disease and tooth decay. Hygienists have a three-year University degree, focussing on gum care and oral health.

As gum disease is usually painless, the only hint of a problem can be noticed with bleeding, bad breath, or having a bad taste in your mouth. If gum disease is left untreated, it can lead to loss of bone support around the teeth, which can become loose. For adults over 40, more teeth are lost due to gum disease than tooth decay.

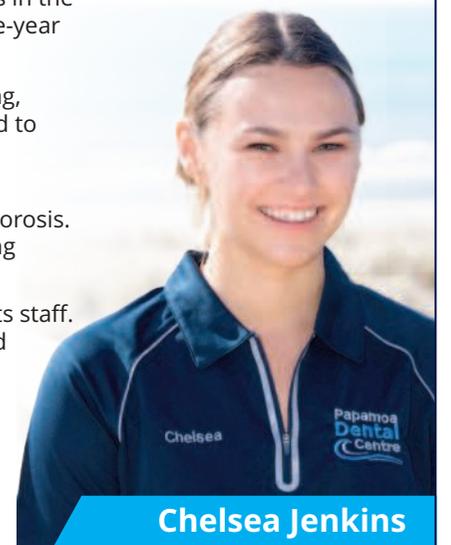
Gum disease is also linked to increased risk of developing stroke, heart conditions and osteoporosis. There is also a strong link between gum disease and diabetes, with diabetic patients being more prone to rapidly progressing gum disease.

Papamoa Dental Centre is very privileged to have two excellent friendly Dental Hygienists on its staff. Chelsea Jenkins joined the practice April 2021, having graduated from Otago in 2018 and Brodie Flower joined the practice October 2021, having graduated from Otago in 2017.

Chelsea and Brodie both aim to work together with patients to achieve optimal oral health by way of treating gum disease and providing patients with the tools and education to improve and maintain good oral hygiene. They both strive to make the experience of visiting the hygienist as pleasant as possible, so that patients feel happy returning.



Brodie Flower



Chelsea Jenkins

For bookings or more information phone 542 2294
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Or visit us 532 Papamoa Beach Road



Papamoa Dental Centre



Time to shine at Golden Sands School

From Sir Edmund Hillary and Kate Sheppard to Margaret Mahy and Sir Peter Blake, Golden Sands School's recent production shone a light on some of our greatest New Zealanders.

The production – called Tā Koha – Their Gift – involved every child in the school and was a trip through New Zealand history.

The show, which had four performances last month, sees a group of Golden Sands students create a time machine which takes them back in history.

They visit the famous New Zealanders that each of the school's learning communities are named after – including Sir Apirana Ngata, Ernest Rutherford, Jean Batten and Dame Whina Cooper.

They also arrive back in Golden Sands in the 1800s, where they learned that the



Ryan Chiplin (sailor) and Cooper Taylor-Jönsson (Sir Peter Blake)

school site was previously a harakeke plantation.

Principal Melanie Taylor, who is played by two different actors in the show, says it's



Siena Cridge (Ernest Rutherford)



Monika Jankuloska (Margaret Mahy)



Joely Ogilvy-Clark (Jean Batten)

been a huge undertaking with the full support of all staff and students.

"The staff have always wanted to do a show, and this seemed the right year we could actually get people in to be an audience [post-Covid]," says Mel.

"When I asked which teachers wanted to be involved, I had 15 teachers rock up with skills from choir and dance and script writing and all sorts of musical skills; some of the songs in the production are written by the staff.

"All of the children and parents have been so excited; it's been a great opportunity for the kids and to get the community back into the school."

The students who played the time-traveling lead characters agree it's been a memorable experience. Six children were cast as the three lead roles, and they each played two shows as leads.

Says Marco Gargiulo, 10: "My favourite part of production was rehearsing with my friends to perfect my craft."

Sienna Casley, 11, enjoyed the big finale

dance, while Keira Mae Bernards, 10, says she loved getting to know more people at school and has become "way more confident".

"My favourite part would be making new friends and hanging out with my old ones. I really enjoyed learning how to act and having fun dancing," says Penny Irvine, 10.

11-year-old Ella Eason agrees: "I have enjoyed working together with new people and I LOVE performing on stage."

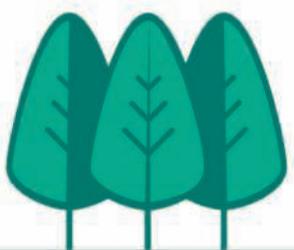
Other children took on the roles of the famous New Zealanders, including Olivia Teat, 7, who played suffragette Kate Sheppard: "My favourite part is being a main character because I love acting and dancing and performing."

Students have been involved in every aspect of the show – from catering the evening performances, to ticketing, backstage work, marketing and creating costumes and props. The show ends with the students discovering the name that the school has been gifted by Ngā Pōtiki iwi for its multi-purpose space – Ngā Pōtiki tanga. ■



The leads Sienna Casley, Keira Mae Bernards, Lucas Cifuentes, Marco Gargiulo, Ella Eason and Penny Irvine.





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604 / 61 Golden Sands Drive

🛏️ 1 🚿 1

Buyer enquiry over \$559,000

V-E-R-Y motivated vendor wants sold

Modern, high quality low maintenance home, consisting of a double bedroom with walk-in robe and semi-ensuite, plus a generous sized second living area, which could be a study or additional bedroom, internal accesses garage with off-street parking.



141 / 61 Golden Sands Drive

🛏️ 2 🚿 2 🚗 1

Buyer enquiry over \$739,000

Vendors have bought and bags are packed!

Oh, let the sun shine in! On this beautiful open sun-drenched north-facing extensive decking area. In a prime location, this home is immaculate with very spacious living both inside and out. Light, warm and bright – a modern, high quality, low maintenance home located nice and close to the Village 'social hub'. Consisting of two large bedrooms, plus a generous sized study, two bathrooms and internal access driveway with an extended paved driveway – all within a friendly, secure, lifestyle community.



292 / 61 Golden Sands Drive

🛏️ 2 🚿 1 🚗 1

Buyer enquiry over \$689,000

Reluctantly for sale – great location!

This modern, low maintenance, spacious two-bedroom home, with a beautiful free-standing gas fireplace is an absolute gem at this great price! A lovely sunny deck with both a sliding door and a stacker door, allowing you to either fully open or enclose – the best of both worlds! And not least, with an enclosed courtyard creating your own private retreat, and just perfect if you have a pet or two!



245 / 61 Golden Sands Drive

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Buyer enquiry over \$529,000

Vendor on the move – priced to go!

***Bonus – furnishings and appliances negotiable within transaction.** Modern, high quality, low maintenance home, consisting of a double bedroom with walk-in robe and semi-ensuite, plus a generous sized second living area, which could be a study or additional bedroom with internal access garage. Great location, light, warm and bright, with a beautifully sunny north-facing decking area. It's an outstanding opportunity to free up your valuable equity and enjoy a secure and fulfilling lifestyle.



618 / 61 Golden Sands Drive

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Buyer enquiry over \$629,000

Very sharp pricing – be quick!

The time has come for our vendors to head back overseas, reuniting with family. This modern, low maintenance, two-bedroom home comes with all the extras! Light, warm and bright with a beautifully sunny enclosed extensive decking area. The kitchen is spacious with additional wall cupboards and a bench-top pantry. Internal access garage is of extended length, with walls and door fully insulated keeping cool in summer and warm in winter.



108 / 61 Golden Sands Drive

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Buyer enquiry over \$699,000

Vacant – priced to sell – move in now!

Spacious, accommodating, prime location – light, warm and bright! With a large sun-drenched decking area with ramp for ease of access and a small, enclosed courtyard, just perfect if you have a pet or two (*subject to approval). A modern, high quality, low maintenance home consisting of two large bedrooms, plus a generous sized study, two bathrooms, with two heat pumps to keep you cool in summer and warm in winter. Internal access garage with off-street parking.



137 / 61 Golden Sands Drive

🛏️ 2 🚿 2 🚗 1

Buyer enquiry over \$699,000

Be quick! Vendors have bought!

This modern, low maintenance, spacious two bedroom plus two-bathroom home is an absolute gem at this great price! A lovely sunny deck facing the village grounds and a great courtyard at the rear creating your own private retreat. Fabulous use of the second bedroom has been made with the installation of a queen tilt-away bed.



140 / 61 Golden Sands Drive

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Buyer enquiry over \$559,000

Lifestyle living – priced to sell!

Prime location, light, warm and bright, with a beautifully sunny north facing decking area. Modern, high quality, low maintenance home, consisting of a double bedroom with walk-in robe and semi-ensuite, plus a generous sized second living area, which could be a study or additional bedroom, internal access garage with off-street parking.



269 / 61 Golden Sands Drive

🛏️ 2 🚿 2 🚗 1

Buyer enquiry over \$749,000

W-O-W Immaculately presented – be quick!

In a prime location, absolutely immaculate, with a very alluring positive energy. Light, warm and bright, with a beautifully sunny extensive decking area with a stacker door, awning blind, and fully fenced – quite a feature indeed! Modern, high-quality home (repainted in 2018), consisting of two large bedrooms, plus a generous-sized study, and two bathrooms.



235 / 61 Golden Sands Drive

🛏️ 1 🚿 1

Buyer enquiry over \$649,000

Do you want to save time and money?

We are selling this immaculate prime location corner-site unit, as is, or with the 'option' (by Private Treaty) of purchasing some, or all, of the household's premium quality furnishings. Modern, high quality, low maintenance home, consisting of a double bedroom with walk-in robe and semi-ensuite, plus a generous sized second living area, which could be a study or additional bedroom, and internal-access garage.

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New playground project at Suzanne Aubert

A \$120,000 fundraising campaign is underway at Suzanne Aubert Catholic School for a playground for its senior students.

The school, which opened at the beginning of 2021, has quickly grown from its starting roll of 80 to more than 140 students.

Principal Anthony Mills says the current roll cap is 150 – which the school is expected to reach by the end of this year. The school buildings have a current capacity for 200 students, and negotiations with the Ministry of Education are underway to allow 200 students from the end of 2023.

“That would trigger stage 2 [of construction], which is an additional learning block and multipurpose [facility], which we are looking forward to so we can hold our community events such as celebration hui and masses there,” says Anthony.

A self-funded senior playground was always part of the plan as the school grew, and the PTFA is doing a great job of fundraising. From a quiz night, disco and movie night to

fundraising pizzas, the school is on track to achieve its playground goals.

Last year the students designed both the junior and senior playgrounds, incorporating the story of the school’s namesake Suzanne Aubert - a French Sister, nurse, botanist and chemist who lived her Catholic faith through action.

The children’s design also had to incorporate the school’s vision – and of course all their preferred play equipment that they would love to play on.

“It’s a real privilege being a blank canvas,” says Anthony.



Students at Suzanne Aubert Catholic School enjoying their existing play facilities.

To boost their fundraising initiatives, the PTFA is working on grant applications to reach the \$120,000 target.

“We are currently developing a sponsorship framework as well – we will be seeking gold, silver, and bronze sponsors from our local business community to help fund the playground and other projects.”

The school is part of the Healthy Active Learning initiative, a joint government initiative between Sport New Zealand and the Ministries of Health and Education to improve the wellbeing of tamariki through healthy eating



and drinking and quality physical activity.

This includes a “play scan” that looks at the children’s “play urges” and recommends a customised programme.

The school’s parent community is supportive and generous, says Anthony.

“Some of our school parents are giving up their time to help develop our edible garden and herbal garden, and we have parents who are coaches or managers of sports teams, as well as parents coming along to support our school masses and events.”

The school has also received support from local businesses such as The Pizza Library and Domino’s, as well as Coastal Pet Vet which is sponsoring some sports uniforms. ■

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AIMS GAMES SUCCESS

AIMS: Celebrating success

Around 145 Pāpāmoa College students participated at the successful return of AIMS Games, with plenty to celebrate.

The tournament is the premier sporting event for 11, 12 and 13 year olds, and attracted nearly 11,000 athletes from around New Zealand. It was an amazing experience for the students, says Pāpāmoa College director of sport Lauren Engebretsen.

"The biggest thing was it was cool to see kids being out and about playing sport again, after two years of not having it.

"Results aside, they just loved the week. That was the biggest thing. The kids all had a million smiles on their faces, even on the Monday when it was pouring down with rain - they were still happy as. Bring on next year."

The school entered teams and individual athletes in basketball, cross country, football, futsal, gymnastics, hockey, indoor bowls, mountain biking, netball, rock climbing, rugby 7s, swimming, table tennis, tennis, water polo, and a 'green team' of student volunteers.

An assembly was held after the Games to present medals to students who received first, second or third place medals in their

sport. Caitlyn Fortescue was first in year 8 girls rock climbing, Cullen McCashin and Keanu Jakeman were second in boys tennis doubles, Emily Barback was 2nd in artistic open senior girls gymnastics, Thomas Isaac was 1st in boys trampoline and second in artistic gymnastics, Lucas Bettridge was 3rd in year 7 boys mountain biking cross country, and Max Stevenson won 3rd place swimming medals in 50m, 100m and 200m breaststroke. Max also placed in the top 10 for a further three of his events.

Team player medals were also awarded to a student from each team who demonstrated a positive attitude, fair play, and respect for their teammates and opposition, coaches, and referees. The winners were Tom Clarke (basketball), Nathan Theron (cross country), Gus Birnie (football), Lemia McIntosh Reardon (football), Jesse Dunn (futsal), Harlow Mardle (hockey), Riley Walker (hockey), Mila O'Reilly (indoor bowls), Jacob Laskey (mountain biking), Tayla Smith (netball), Kyan Percy (rippa), Xander Oosthuizen and Liliana Abate (rock climbing), Nathan Theron (rugby sevens), William Chugg (swimming), Rico Ivamy (table tennis), Cullen McCashin (tennis), Alaric Bulling (water polo). ■

Caitlyn named AIMS champ



As a young child she loved climbing trees and now Pāpāmoa College student Caitlyn Fortescue is an AIMS champion in rock climbing.

The 12-year-old was thrilled to take part in AIMS and blown away to win the gold medal for year 8 girls rock climbing.

"I was very excited and nervous," says Caitlyn. "There were 33 year 8 girls; on the first day it was down to 20, the next day we had to get it down to 15, and then in the finals there were five of us."

Caitlyn came first in every leg of the competition, and held her nerve all the way through to take out the gold medal in the finals.

"I was really happy as some of the people had beaten me [previously] when I versed them in other competitions."

Caitlyn, who trains at Rocktopia in Mount Maunganui twice a week, now has the Olympics in her sights as a long-term goal.

Rock climbing is her passion: "I've just loved it ever since I started." ■

Caitlyn Fortescue



The three Rach's: orthodontist Rachel Farrar, dental assistant Rachael Ward and hygienist Rachel Scallan.

CONTACT US:

1G Tara Road, Pāpāmoa Beach (behind Tara Rd Medical Centre)

Pāpāmoa Orthodontist: hello@papamoaoorthodontist.co.nz
07 579 3571 | www.papamoaoorthodontist.co.nz

Tara Rd Dental: hello@tararddental.co.nz
07 579 5291 | www.tararddental.co.nz

Papamoia Orthodontist and Tara Rd Dental are thrilled to introduce our new hygienist Rachel Scallan!

Wait what? Another Rach?? Yes that's right – we decided the only thing better than two Rach's is three Rach's!! We Now have Rach the Orthodontist, Rach the superstar dental assistant and Rach the Welsh hygienist. We don't think it will be confusing at all!!!??

Rachel is originally from Wales and relocated to New Zealand with her family in 2021.

Rachel trained as a dental hygienist at the University of Cardiff, Wales in 2011. Once qualified, Rachel relocated to London and began working for a Periodontist specialising in Laser treatment. She travelled to Europe many times for extensive training using the latest non-invasive techniques and gaining invaluable experience.

She strongly believes prevention is key to gum disease management and is happy to speak to patients about maintaining a clean, plaque free and healthy mouth.

With her skill base, Rachel is a key member of our team. She provides meticulous and gentle hygiene treatment, as a well as educating our patients about the importance of good oral health and how to prevent periodontal disease.

In her free time Rachel enjoys exploring New Zealand with her husband and three children.

AIMS GAMES SUCCESS

Mountain biking success for Lucas

Lucas Bettridge was stoked to win a bronze medal for the year 7 boys' mountain biking and is looking forward to next year already.

The 12-year-old went into AIMS without expectations as he usually races against older competitors.

"It was quite scary versing all these people, but once I started racing it went away,

you are in the zone."

Lucas got into mountain biking around five years ago when his family moved to the Bay of Plenty, and he started riding regularly with his dad John who owns My Ride Mount Maunganui with wife Leonie.

Lucas enjoys attending races and training in the Whakarewarewa (Redwood) forest in Rotorua or riding locally. ■



Members of the mountain biking team.



Lucas Bettridge, who won a bronze medal, in action at AIMS.

Gymnastics gold for Thomas

Competition nerves didn't stop Thomas Isaac from achieving a gold medal in boys trampoline and a silver medal in artistic gymnastics twisters at AIMS.

"I got really nervous at the start but when I got there, it was at the gym I train at [Argos Gymnastic Club]," says Thomas, whose nerves soon settled.

"I was quite happy because I thought I did really well on one of the routines. I was really stoked when they called out my name [as a medallist]."

The 13-year-old year 8 student had been hoping to make top five; his coach thought it was possible for him to win gold, ■



Thomas Isaac

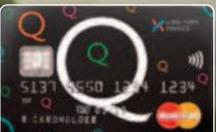
but Thomas was aware of his nerves potentially impacting his performance.

His success has encouraged him to continue competing in artistic gymnastics competitions, while trampolining is "just for fun": "I just really enjoy doing it." ■



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AIMS GAMES SUCCESS

Tennis tops

The future of tennis in Pāpāmoa is strong if Cullen McCashin and Keanu Jakeman are anything to go by.

The pair were stoked to make the final in the boys' tennis at AIMS, taking out the silver medal. Both boys play at Pāpāmoa Tennis Club, and 13-year-old Keanu says it was an advantage to have AIMS hosted at their home club.

The boys, both Year 8s, were super excited to be able to compete at AIMS Games – their last opportunity – after last

year's cancellation due to the pandemic. It was really fun to play against other competitors they usually play in tournaments in Auckland, says Cullen.

Keanu "felt like we had it in us" to make the final, while there was an element of luck of the draw, adds Cullen.

The pair are both encouraged to continue playing tennis competitively – Cullen aims to one day make the world's top 100 ranked players, while Keanu hopes to get a tennis scholarship. ■



Right: Cullen playing at AIMS Games



Far right: Keanu playing at AIMS Games



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The AIMS Games photographers captured these shots of some of the Pāpāmoa College athletes during the tournament. RUGBY 7s PHOTOS: JAMIE TROUGHTON/ DSCRIBE MEDIA; TENNIS PHOTO: DAVE LINTOTT PHOTOGRAPHY

Medal for Emily



Emily Barback in a previous competition.



Emily Barback

Cross-country and gymnastics are at two ends of the sporting spectrum and 12-year-old Emily Barback competed in both on the same day – ending on a high with a silver medal in the girls open senior artistic gymnastics.

The year 7 student is no stranger to the podium, having won the New Zealand national gymnastics title for step 6 last year.

Having started competitive gymnastics at age five, Emily was excited to compete at AIMS Games for the first time.

Her 16-hours-a-week training at Impact Gymsport Academy stood her in good stead for AIMS. "I was hoping I would place top five because there are not many gymnasts at open senior level."

She smashed that expectation and can't wait for next year: "It was really awesome." ■

Swimming success

Pāpāmoa's Evie Metcalfe, a Year 7 student at Te Puke Intermediate School, medalled in the 100m butterfly, winning a silver medal.

Evie also came top 10 in several of her events – 4th 100m IM, 7th 200m IM, 7th 200m breaststroke, 8th 50m butterfly, 9th 100m backstroke, 10th 50m breaststroke, and 10th 100m freestyle. She also won the team medal for Te Puke Intermediate's girls' football team.

Pāpāmoa Swimming Club member Hayden Forlong, who attends Bethlehem College, placed 8th in the 100m butterfly.



Evie Metcalfe

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Police address residents meeting

Domestic violence is a big concern for police in Pāpāmoa, the Pāpāmoa Residents and Ratepayers Association heard from Sergeant Jason Perry.

Jason, who is the head of Pāpāmoa Police, spoke to the PRRA's September meeting about crime in the local area, and said family harm is an issue locally.

"That would be my biggest concern. I'm worried about the kids in that home."

Crime issues worrying the local community include items being stolen from their houses or property and feeling safe while they are going about their day, says Jason.

"We have had a big problem with builders' vehicles being broken into." The police had done a lot of work recovering stolen tools from second-hand stores.

Fraud is "blowing up" and scamming is ballooning – with scammers on email and sites such as Facebook Marketplace. "If you

purchase anything on there you are taking a risk. It's important to have [scams] reported."

Local police are also doing significant work to combat shoplifters, which has resulted in a welcome decline.

Car theft is significant, with 30 cars stolen in Pāpāmoa in the first eight months of the year, although theft from vehicles had declined as one of the major players had been arrested.

Jason says as we move into the summer months, local crime trends tend to shift towards property damage and alcohol-related disorder.

While the station shuts its doors to the public at 4pm on weekdays and is not open on weekends, there are always staff working in Pāpāmoa, says Jason.

There are 18 frontline police officers in Pāpāmoa (including three road police), as well as the community constable Adrian

Oldham, a youth aid officer, and Jason as head of Pāpāmoa.

The local police are all invested in the community, says Jason, who is a veteran of the police with more than 30 years in the force.

"My philosophy is to get my staff to have ownership of their patch. Predominantly they are working here, they live here, their families live here. Some of them have been brought up here and gone to school here, we all live in the community and want to make sure it's safe for everybody as well as our own families."

While there had been much publicity about ram raids, there had been four in Pāpāmoa in six months. The perpetrators for each have been apprehended and charged.

Jason showed CCTV clips of people illegally on local properties; there is plenty of CCTV around Pāpāmoa. He advised owners



Sergeant Jason Perry

of Nissan Tiidas and Toyota Aquas to park them in a garage if possible as they are targeted by car thieves as "easy to steal". ■

No democracy at TCC: PRRA

As the rest of the country fills out their local council voting papers, Pāpāmoa Residents and Ratepayers (PRRA) chairman Philip Brown is angry that we don't have the same right in Tauranga.

There will be no vote for Tauranga City Council as the Government-appointed commissioners remain in charge until July 2024. However, Pāpāmoa residents can vote for the Bay of Plenty Regional Council.

Philip told the September PRRA meeting that travelling around New Zealand and seeing election hoardings, he became "madder and madder we have been denied this opportunity to be heard and to elect our representatives".

With several high-budget projects underway in Tauranga, in Philip's view the commissioners are "in a desperate hurry to change the look and feel of Tauranga" – at big expense to ratepayers.

Philip says it is almost impossible to keep up with the many announcements of "endless new investment plans and strategies".

These include changing the ward system, the downtown CBD plan, Greerton racecourse, Cameron Rd, a new council building, changes to Links Ave, and accepting the Government's three waters plan.

The PRRA would like to see the commis-

sioners focus on removing traffic congestion, building cycleways, improving public parks and community facilities, and developing tsunami escape routes – "not just coloured maps".

This month's meeting will be held on Monday 10 October at 7pm at Legacy Gardens and will be an open forum – with three minutes per speaker.

The PRRA is seeking a treasurer and committee members. ■

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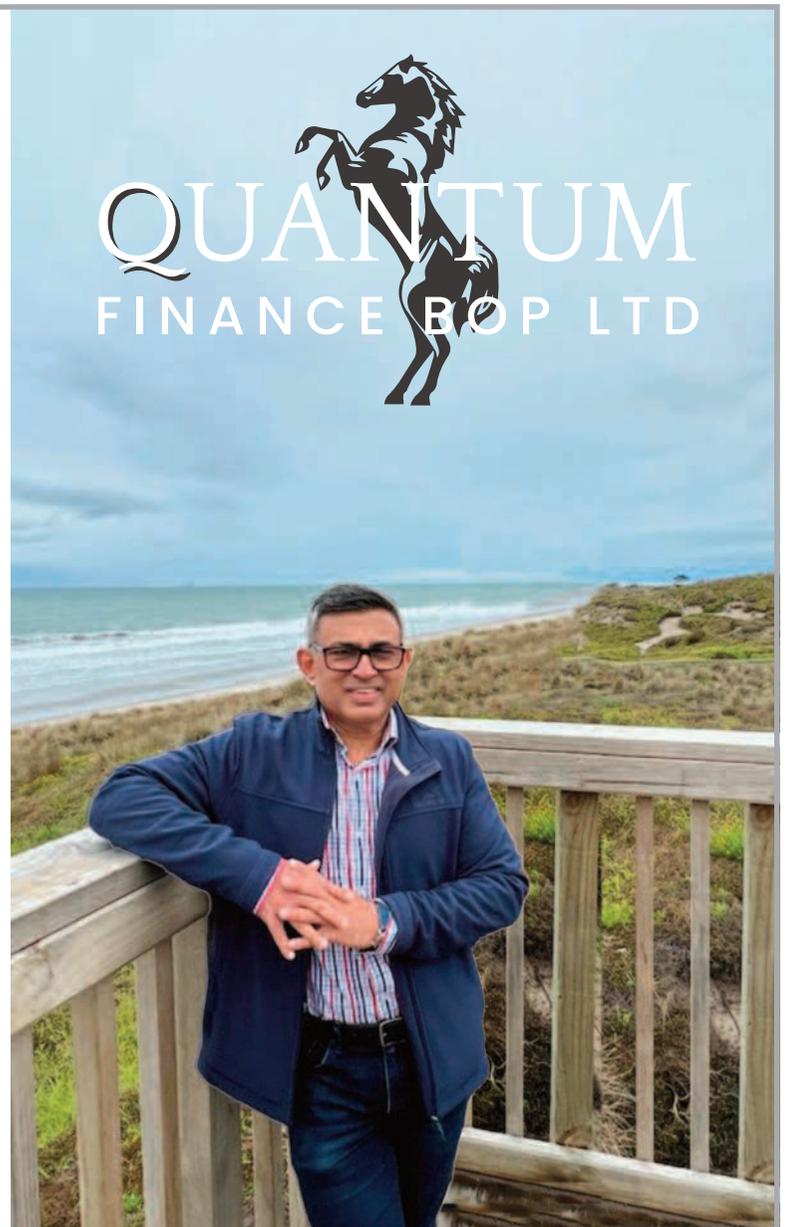


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Embracing the challenge

By Jimmy August, ReDefined founder
A mantra that we have long been passionate about here at ReDefined is “be proactive, not reactive”.

Far too often we are caught up in situations we have no control over. How do we react to these challenges? Embrace them.

If we are stuck in traffic, are we yelling at the car in front of us, or are we playing a podcast? Are we angry at being locked down, when the decision is out of our hands? Is your reaction reactive, do you make the situation worse? Or is your reaction proactive, you find ways to make the situation better?

This is massive not just in our day-to-day life, but in the pursuit of our health and fitness goals. How do we react when the scales don't tell us what we want them to, when we binge at the weekend, when a week's worth of planned workouts fails to materialise? Too often what we tend to see is reactive emotion. To throw in the towel, to go on another binge, to not do a workout on Friday just because we haven't exercised all week.

No one is perfect, although the age of Instagram and influencers might lead to such perceptions. But even the fittest and healthiest of us are far from perfect. So how might we be proactive next time challenges are faced? How might we embrace the challenge?

Start with your mindset. But most of all



Jimmy August

don't punish yourself; be more accepting of who you are. If you have a bingeful weekend, it's okay, but let's go for a walk and do some exercise on Monday. Don't feel like training today as it's been a stressful day? It's okay, tomorrow is a new day.

How might this proactive mentality affect stressful situations? We should all now be aware that stress is a silent long-term killer. Trouble at work? How can you make it better, not worse? Feeling stressed? Go for a walk. Stuck in traffic? Put your favourite album on. The effects on your overall wellbeing and wellness are immense, when you can look to better negative situations. Food for thought! www.redefined.nz ■

The upside of downsizing

By Rachel Cole of Harcourts

Downsizing to a smaller home is an alluring option for couples whose children have flown the nest. It is the perfect time to simplify your life and unlock disposable income. Bouncing off the walls of a large family home, with all the cleaning and maintenance it demands, can seem an expensive, time-consuming and pointless exercise.

Before you make any decision to downsize, be clear on the lifestyle you desire. If you are not ready, or have no desire for retirement village living, then scaling down to an apartment, townhouse or smaller home can give you back quality time and fewer headaches.

A successful downsize requires focus on the normal key elements of property buying, or you'll fail to maximise the full value of your home and set yourself up for the lifestyle you desire.

As your local agent, I'd be happy to help you understand what your existing home might be worth, and provide some insights on recent sales of apartments, townhouses and smaller homes in our area. This will help you make an informed assessment of the quality of the home you wish to buy.

Seek out a financial planner to make sure that downsizing will give you the desired lifestyle gains. Ask your adviser about any associated costs of ownership (for apart-



Rachel Cole

ments or retirement villages) and how they will have an impact on living expenses.

You'll need to reduce the amount of “stuff” in your life. Storage in a smaller home is limited, and external storage providers will be another hit on your cash-flow so you'll need to be ruthless.

For many, downsizing is liberating, unlocking money tied up in the equity of a large home and providing greater flexibility around how you wish to live your life.

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Register now for Junior Surf

Pāpāmoa Surf Life Saving Club is on the hunt for lifeguards of the future who want to have fun on the beach and learn skills this summer as part of the Junior Surf programme.

Junior Surf, known fondly as Nippers, is for children aged five to 14. Last year more than 340 children signed up for the programme – and the club is hoping to top that this season now that Covid restrictions have ended.

The 2022-2023 season kicks off on Sunday 13 November and registrations are now open – go to the website papamoalifeguards.co.nz and follow the steps to “register now”.

The season runs until 5 March, with a two-week break over Christmas and no obligation to attend every week. Age groups have their own dedicated coaches

who oversee the activities and teach all-important beach skills: sessions incorporate both beach and water-based activities dependent on time of year and surf conditions.

It’s all about having fun with friends on the beach, while teaching lifesaving skills and knowledge to our future lifeguards. Kids learn how to be safe on the beach and in the ocean.

Over the season there are various carnivals that children in the under 8 and above groups are encouraged to attend.

At the end of the season there is Club Championships for all Pāpāmoa Surf Club members aged 5+.

For more information email juniorsurf@papamoalifeguards.co.nz or see the Facebook page Pāpāmoa SLSC Junior Surf. ■

Locals heroes: as chosen by you



What does a hero mean to you? A group of children from Pāpāmoa Primary School chose lifeguards when they were asked to reflect on local heroes. The children enjoyed a visit to Pāpāmoa Surf Life Saving Club, where they met lifeguards Jake Cowdrey and Jamie Mardon and enjoyed a tour of the lifeguard tower and equipment storage. The students honoured the lifeguards by bringing cards and homemade sweets.

Defibrillators in Mark’s memory

A mufti day at Pāpāmoa College raised over \$1590 towards a fundraising campaign for three new potentially lifesaving defibrillators for Pāpāmoa in the memory of Mark Weedon.

The campaign for the new defibrillators had raised more than \$11,200 at the time of print – exceeding its target of \$10,500.

Mark, who was a much-loved father, partner, son, brother, mate and teacher as well as a former Bay of Plenty Steamers captain, died in August 2021 after a cardiac event.

His family Kylie, Jack and Rory launched the fundraising campaign in the hope that something good come from Mark’s death, raising money to place external defibrillators in central locations in Pāpāmoa so they can be accessed around the clock. The community contributed via a Give A Little page.

The defibrillators will be placed outdoors at Pāpāmoa College, Te Akau Ki Pāpāmoa School, and Pāpāmoa Surf Club. Each unit costs \$3500, and if excess money is raised the family will add more locations. On the Give A Little page set up for the

cause, the family says they had learned that a defibrillator was used on Mark the day he died but nothing would have been able to save him.

But having defibrillators available at outside locations could potentially save the lives of others. They will be accessible to the public 24/7 via a lock code registered with 111.

“We truly hope one day these units will bring a loved one back to their family and friends, or at least shut down one of the inevitable ‘what if?’ questions.”

The defibrillator units are designed to be operated by people with no first aid knowledge. They include a feedback tool that is able to actually see what the user is doing and provide feedback to help the user do it well. Audio and visual prompts help the person to operate it with confidence and advise when a shock is needed.

To donate to the cause, go to givealittle.co.nz/cause/raising-dollar-for-external-defib-machines - or simply go to the Give A Little website and type “Mark Weedon” or “Pāpāmoa” into the search bar. ■

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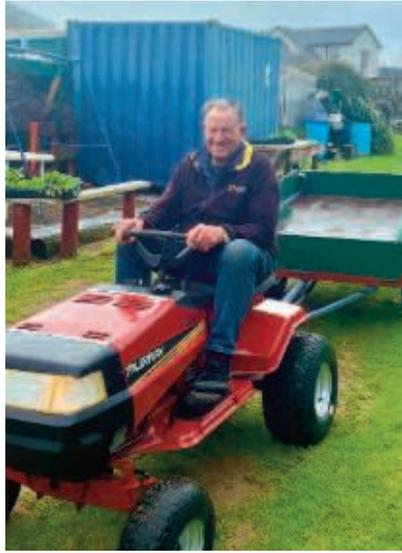
Pāpāmoa Community Gardens has a new worker - "Murray" the ride-on trailer tower.

Murray was created by our garden co-ordinator Rex Cotter - we never cease to be amazed by Rex's Kiwi ingenuity.

Murray needed some TLC to get up and running, and with some hard work, a helping hand from Colin the lawnmower repairman (thank you!) and of course some plastic meat trays for his lights, Murray is up and running - with a rebuilt trailer to boot.

This vehicle is a game changer for our volunteers, and I am sure will be a big hit with the kids!

Come down and visit your local community gardens - take a refreshing walk around your peaceful space and help us grow a sustainable future. If you want to know more, just contact our garden coordinator Rex (07 572 2154) or check out our Facebook. The gardens are between 51 & 53 Hartford Ave.



Garden co-ordinator Rex Cotter with 'Murray' the ride-on trailer.

Pāpāmoa East Interchange progress - final traffic changes

Preliminary earthworks for the construction of the Pāpāmoa East Interchange are making good progress.

To support earthworks, traffic on the Tauranga Eastern Link Toll Road (TEL) had a permanent lane change on 26 September. This saw three lanes of the TEL reopened and speed increased from 50kmh to 70kmh - this will remain in place for the next six months.

Construction of the interchange started in August with works to construct the earth embankment on the westbound side of the motorway. This phase of work also includes the construction of stormwater culverts and the embankment for the on/off ramps. This work is in preparation for construction of the interchange bridge and roads, scheduled to start in 2023.

The final and longest phase implemented in late September sees three lanes of traffic reinstated, at a speed limit of 70kmh.

The outer westbound lane will remain

closed for another six months, to allow continued earthworks on the Bell Road side of the TEL to occur safely.

These changes in traffic management could be delayed as a result of poor weather, Tauranga City Council says. Digital signs alert drivers to upcoming works and speed monitoring is in place.

"We appreciate drivers' patience with these works and urge people to keep to the sign-posted speed limits for everyone's safety."

Once earthworks finish, the embankment needs to settle as some of the construction site is on peat-based farmland. This settlement time ensures the stability of the ground, to be able to carry the load of the interchange itself.

Early next year will see the start of works on the extension of Te Okuroa Drive, which will eventually connect with the new interchange. Construction of the interchange itself is planned to start mid 2023 with a planned opening of the interchange early 2026. ■

Labour List MP Angie Warren-Clark

During her 70 years of service, over an extraordinary period of change in the world, Queen Elizabeth II visited 46 New Zealand cities and towns. I remember her visiting New Zealand while I was still at school, and thinking how little she was in real life but how large her presence. I know there are many thoughts and feelings around her passing, nevertheless her reign of dignity is admirable and Her Majesty was an inspiration to generations of women. A one-off public holiday for New Zealand's State Memorial Service, including a national

minute of silence, was fitting.

As we honour the past, we are now able to look to the future with more certainty. With the removal of the COVID-19 Protection Framework (aka the traffic light system) we are finally able to fully enjoy our summer freedoms. Mask wearing is no longer a Government requirement except in healthcare settings like hospitals, GPs, pharmacies, disability services and residential care facilities.

When we look around the world, there is no doubt that things are gloomy. You've probably seen the headlines about Europe's

energy crisis, worldwide supply chain issues, and inflation in the United States. While there will be some challenges ahead for us too, there are many reasons for New Zealanders to be optimistic about the future - and I wanted to share some of them with you here.

Debt is low, Gross Domestic Product is up, our exports are in demand, and we're seeing more people in work, with higher wages. We're starting the next phase of our economic recovery in a stronger position than many, despite facing the same global head-

winds. That's because we've built unique advantages that give us reason for optimism. For example, securing New Zealand's clean, green brand has boosted exports, tourism and business investment.

While the fundamentals of our economy are strong, we know that things are tough right now for many families. That's why we've taken action to ease cost of living pressures, including our fuel tax cut and the recent major grocery shake-up to address the systemic lack of grocery competition here in New Zealand. ■

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Pāpāmoa residents rush for smoke alarms

Pāpāmoa residents have flocked to get smoke alarms installed through a Western Bay of Plenty Neighbourhood Support and Fire and Emergency campaign.

Neighbourhood Support members were invited to be one of around 100 homes to join the pilot programme, providing them with free long-life smoke alarms, a fire risk assessment of their home, and a fire escape plan for their home.

The first day after the campaign was launched to Neighbourhood Support members through their Pāpāmoa newsletter,

more than 100 people had already signed up.

Manager Bruce Banks says the demand is phenomenal. "We're really pleased so many want to install smoke alarms because we know that fire moves very fast. You only have three minutes to escape if your house catches fire, and you are four times more likely to survive a house fire if you have working smoke alarms."

Some people had been keen to receive

the risk assessment and wanted to "pay it forward" so someone else could receive the free smoke alarms.

"Clearly people are really keen to protect themselves and their homes. We're hoping to extend this project throughout the Tauranga area, but it will depend on the funding we can raise.

It's an opportunity to talk to people about fire safety, and preparing an escape plan too."

Neighbourhood Support has launched a Give A Little campaign to get smoke alarms installed in more homes, working with FENZ and its own volunteers to do the installations.

FENZ spokesman Jarron McInnes says it is important people have an escape plan in a fire.

"You can make a three-step escape plan for you and your whānau at escapemy-

house.co.nz. It could save your life."

Neighbourhood Support has trained volunteer installers who will take care of the installations along with Fire and Emergency volunteers. All the volunteers have had a police check to be able to enter people's homes and install the smoke alarms.

"The more money we can raise through the Give A Little campaign, the more alarms we can install throughout the city and the more lives and property we can save."

The link to the Give A Little campaign is: givealittle.co.nz/fundraiser/help-keep-our-families-fire-safe.

Meanwhile demand for Neighbourhood Support groups in Pāpāmoa has picked up again as Covid restrictions ended and the warmer weather and lighter nights approach.

"We are starting to see a real shift in people's interest," says Bruce, who is facilitating around two new street groups every week in the Pāpāmoa area. ■



MP for Bay of Plenty Todd Muller

It has been a remarkable period for New Zealand, the United Kingdom and the Commonwealth as billions of us have reacted to the passing of Queen Elizabeth II on 8 September. While it was inevitable we'd one day have to farewell Her Majesty, the enormity of the loss of our monarch has been felt widely.

Personally I've felt a strong sense of loss. Queen Elizabeth has always been a major influence for me and for my family. Growing up, we were very aware of the Queen, and her own family. Her values of determination, hard work and public service were reinforced to me by my grandparents, of the same generation, who were the Mayor and Mayoress of Te Aroha.

Queen Elizabeth visited New Zealand on a number of occasions, and she clearly had great affection for our country and our people. When I worked at Parliament in 1995, I was involved in Queen Elizabeth's

State Visit and it was a great honour to meet Her Majesty at Government House. It was a brief conversation, but it was a special moment that I hold dear and that I've reflected upon over the last few weeks.

For many of us, Her Majesty The Queen was the only monarch we've ever known and it's going to take some considerable time to get used to having a King as our Head of State. We'll now sing God Save The King, refer to King's Counsels, rename holidays and create new honours. Eventually we'll see changes to our currency, our passports and our coat of arms.

I am looking forward to welcoming King Charles III on his first visit to New Zealand as our Head of State. In the meantime, I'm sure you will join me in wishing him well as he takes over his new role while also dealing with his own personal grieving process.

God Save The King. ■



Bruce and Linda of Neighbourhood Support with Jarron from FENZ (centre).

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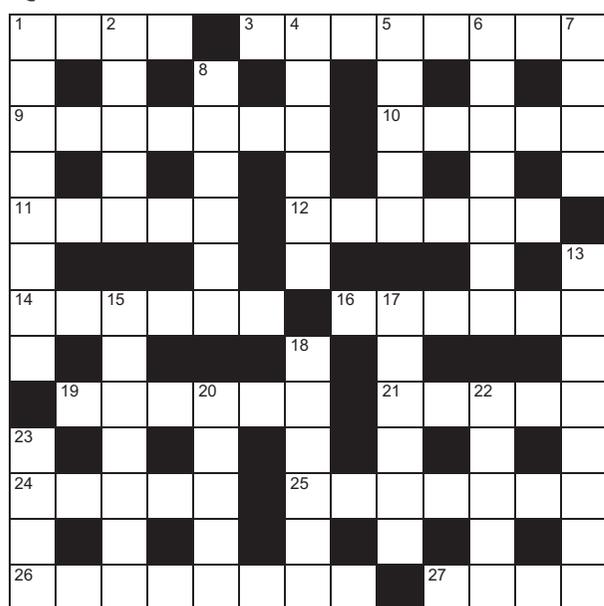
QUIZ

1. What year was the Queen born?
2. What geometric shape is generally used for stop signs?
3. Who is coming to New Zealand for the Mathematics tour in 2023?
4. Who said "Nothing is impossible, the word itself says 'I'm possible!'"
5. What is cynophobia?
6. Who is fifth in line to the throne?
7. How long is an Olympic swimming pool in metres?
8. How many languages are written from right to left?
9. What countries made up the original Axis powers in World War II?
10. What is the name of the biggest technology company in South Korea?
11. What is the largest ocean on Earth?
12. What year did Sir Edmund Hillary climb Everest?
13. Who is the subject of the New Zealand film Whina?
14. Who is on the New Zealand \$100 note?
15. What year did Wellington replace Auckland as the capital of New Zealand?
16. Which country consumes the most chocolate per capita?
17. What is the only edible food that never goes bad?
18. What famous US festival hosted over 350,000 fans in 1969?
19. The biggest selling music single of all time is?
20. Which country has the most natural lakes?

ANSWERS

1. 1926
2. Octagon
3. Ed Sheeran
4. Audrey Hepburn
5. Fear of dogs
6. Prince Harry
7. 50m
8. 12
9. Germany, Italy and Japan
10. Samsung
11. Pacific
12. 1953
13. Dame Whina Cooper
14. Lord Ernest Rutherford
15. 1875
16. Switzerland
17. Honey
18. Woodstock
19. Candle in the Wind (1997)
20. Canada

Quick crossword



Across

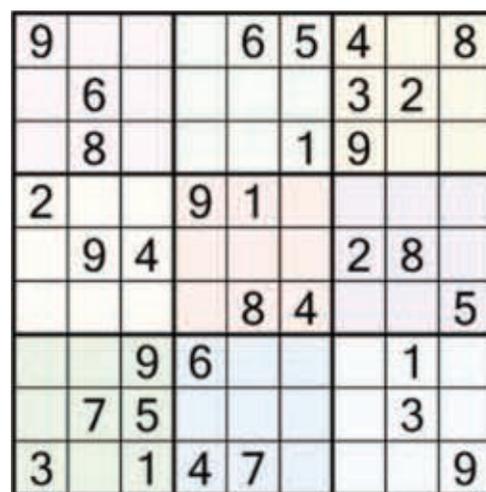
1. Resist (4)
3. Particular (8)
9. Position (7)
10. Coolness in adversity (5)
11. King (5)
12. Violent disorder (6)
14. Globe (6)
16. Hang around (6)
19. Simple, easily achieved (6)
21. Giant (5)
24. Group of eight (5)
25. Quiver (7)
26. Less than half (8)
27. Just (4)

Down

1. Regard with suspicion (8)
2. Thrash wildly (5)
4. Central American country (6)
5. Shrewd (5)
6. Penalty (7)
7. Chomp (4)
8. Reflect (6)
13. Splendour (8)
15. Encourage (7)
17. Commencement (6)
18. Group of seven (6)
20. Bury (5)
22. Leg bone (5)
23. Wander (4)

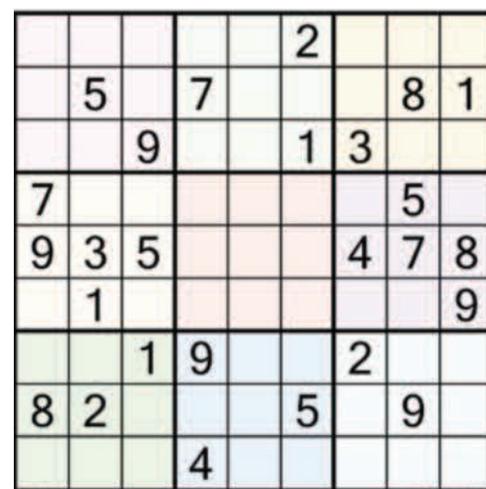
Sudoku

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.



W77

EASY



W78

HARDER

Kids' corner

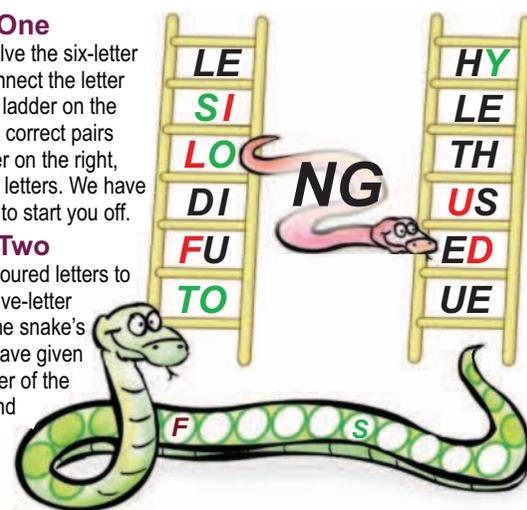
Snakes and Ladders

Puzzle One

Can you solve the six-letter words? Connect the letter pairs in the ladder on the left with the correct pairs in the ladder on the right, with middle letters. We have solved one to start you off.

Puzzle Two

Use the coloured letters to make two five-letter words on the snake's back. We have given the first letter of the red word and the green word.



Solutions

39

Crossword

Across: 1. Defy; 3. Specific; 9. Station; 10. Nerve; 11. Ruler; 12. Mayhem; 14. Sphere; 16. Lotter; 19. Facile; 21. Titan; 24. Octet; 25. Tremble; 26. Minority; 27. Fair.
Down: 1. Distrust; 2. Fall; 4. Panama; 5. Canny; 6. Forfeit; 7. Chew; 8. Mirror; 13. Grandeur; 15. Hearthen; 17. Outset; 18. Septet; 20. Inter; 22. Tibia; 23. Room.

Snakes and Ladders

Puzzle 1
LENGTH, SINGLE
LONGED, DINGHY,
FUNGUS, TONGUE
Puzzle 2
FLUID, SOOTY

Sudoku



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Importance of power of attorney

By David Small of Pāpāmoa Law

An enduring power of attorney is a legal document which sets out who can take care of your personal or financial matters if you cannot. The person giving the authority is known as the donor and must have mental capacity at the time the Power of Attorney is signed. A Power of Attorney can be changed at any time while the donor is mentally capable. There are two types of enduring Powers of Attorney – Property, and Personal Care and Welfare.

Property is in relation to all your assets including your house, bank accounts and investments. A Power of Attorney for Property can come into effect if you only become physically incapacitated but are still mentally competent or only if you lose mental capacity. It is possible to appoint more than one property attorney.

An Attorney cannot act as an Attorney for

Personal Care and Welfare on any significant matter relating to the Donor's care and Welfare unless a relevant health practitioner has certified or a court has determined that the Donor is mentally incapable. A significant matter means something that has or is likely to have a significant effect on health, wellbeing or enjoyment of life. Examples are entering residential care or undergoing a major medical procedure. Only one person can be appointed as an attorney for personal care.

If a person becomes mentally incapable then they can no longer enter into power of attorney documents. It would then be necessary to apply to the family court for Property orders and Welfare orders. The court will appoint a person to manage your property and/or personal care and welfare. This can be expensive and time consuming and can be avoided by having powers of attorney in place. ■

News in Brief

Real estate update

The median sales price of houses sold in Pāpāmoa Beach in August was \$1.02 million - down 2.4 per cent from last August and up 1.79 per cent from July 2022. The median days to sell was 56 days in August 2022, up from 28 days in August 2021 but faster than July 2022 when it was 63. There were 54 sales in August 2022, up from 39 in August 2021.

Grey Power news

Grey Power Pāpāmoa & Districts will hold its next meeting at 1pm on Friday 14 October at the Pāpāmoa Library & Community Centre. Everyone welcome. Gareth John, Project Manager: City Waters, will talk about the Council's work at Harrison's Cut. Last month's talk by Gavin Stagg on the kiwifruit industry was postponed till 2023, due to illness. Instead, Jonathan Spink gave a presentation on his recent visit to the Chatham Islands. Enquiries welcome: phone Jonathan 572 2091.

Market dates

The Pāpāmoa Lions Market is scheduled to be held on Sunday October 9 and 23 from 8am to midday at Gordon Spratt Reserve. The Pāpāmoa Farmers Market is held every Sunday from 8.30am to midday at ReDefined, 58 Ashley Pl. The Little Big Markets Pāpāmoa returns for its summer season at Pāpāmoa Pony Club on Saturday 15 October at 9am.

Pāpāmoa Rotary membership

Pāpāmoa Rotary warmly invites you to join them on the evening of October 13 at the Mako Room, Pāpāmoa Library from 7pm to 8pm. "Learn about Rotary, our people, our projects, our passion for helping the community and our vision for the future. RSVP by emailing your full name and address to: Carolmiller2017@gmail.com. The group is looking forward to seeing you there."

Athletics season

Registrations are now open for Pāpāmoa Athletics Club - a non-profit community club that is passionate about kids and fun athletic-based activities. The club offers Wednesday night sessions at Gordon Spratt Reserve for children aged between three and 14 years old. The mini club for ages 3-4 is at 5pm, and the 5-14-year-olds' session is at 5.30pm. The first club night is on 19 October, with a free "have a go" session. For more information and the link to register see the Facebook page Pāpāmoa Athletic Club.

Wastewater pipeline update

Potholing works have begun along Opal Drive as part of the wastewater pipeline construction in the Wairākei Reserve, with small footpath closures expected. A road closure of Opal Drive, between Topaz Drive and Redditch Place, is planned from October 3-16 to install a section of the pipeline. Traffic will be redirected towards either Domain Road or Longview Drive. Residents will maintain property access, and pedestrian access will be available. Hours of work will be 7am - 6pm. Work is estimated to be completed by 8 October, weather dependent. The walkway behind Fashion Island remains closed. The track closure between Domain Road and Opal Drive has an alternative route available on the other side of the stream until works are completed. Access from Opal Drive to Te Akau Ki Pāpāmoa School will remain open for the duration of the works. Traffic management will be in place and works are scheduled for completion December 2022.

Surf lifesaving winners

Members of Pāpāmoa Surf Life Saving Club were recognised in the SLSNZ National Awards of Excellence. SLSNZ service awards were presented to Sandra Boubee, Dave Cowdrey, Naomi Davoren, Ryan Hohneck, Joanne Miller and Shane Smith. A SLSNZ distinguished service award was awarded to Shaun Smith. Don Coleman received a 50 year badge. ■

Tamper-proof your plate

By Pāpāmoa Community Patrol

The theft of car registration plates is increasingly common and is causing concern to Police.

So Pāpāmoa Community Patrol, supported by NZ Police, is installing tamper-resistant registration plate screws at the Pāpāmoa Plaza carpark (Gravatt Road end) on Saturday 8 October from 10am to 2pm for a charge of \$2 per vehicle.

The team will remove one screw from each number plate and replace it with a tamper-resistant screw. It's done while you wait, without the need to get out of your vehicle.

Something as small and inexpensive as these security screws can make the difference between your car registration plate

being stolen or not. Stolen plates are then used to commit any manner of crimes from petrol drive-offs to displaying false plates on stolen vehicles to aggravated robberies. Police strongly recommend that you fit a security screw to your registration plates and fully support Pāpāmoa Community Patrol in its efforts to eliminate registration plate theft.

Due to public demand this event is being held on a Saturday. Many Pāpāmoa residents have indicated that a week-day event is not a suitable time for them, so the Patrol has heeded the call.

The Patrol is grateful for the support of Pāpāmoa Plaza for providing a space to safely complete the transfer of screws. ■



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Making a difference at Mister Minit

Sanjesh and Alexandra Ram aim to make a difference in the lives of their customers – and it doesn't go unnoticed.

The couple took over the Mister Minit franchise at Papamoa Plaza two years ago, though Sanjesh has been involved with the company for 10 years.

They have twice been finalists in the Westpac Franchise Awards, and they can't thank their customers enough for all their support.

"It's a tough time to be in business, but the community has been amazing," says Sanjesh. "We are so grateful to our customers. We live in this community, and we love the community."

At Mister Minit you'll find real people fixing everyday problems. If you need your shoes repaired, a spare key for your car or house, a new battery or strap for your watch, or an engraved gift, Sanjesh and Alexandra and their team have you covered.

"Many people know us for our key-cutting service, but we don't just do domestic key-cutting – we also do newer transponder keys and replacing the battery in garage door openers," says Sanjesh. "We help so many people who have lost their keys – it's always wise to have a spare."

The store is also now offering a sharpening service – bring in your household knives, scissors, gardening tools or even chef's culinary knives.

Their products and services also include

trophies, and giftware including Leatherman, Victorinox, Zippo and hunting knives. Helping people by solving a problem and making their day a little better is what it's all about.

"That's the best part of it," says Sanjesh, "We love people, and it's not just about the business, it's about the community."



Sanjesh, Alexandra and baby Arabella

Ice cream heaven at Shake Shed

At Shake Shed & Co Papamoa Plaza you'll find the biggest selection of ice cream flavours anywhere in Tauranga.

Your only problem will be choosing which one to have out of the 18-20 flavours, but owners Rachit and Charvi Sachdeva say the most popular flavours are rainbow warrior, gumdrop and salted caramel.

Situated in the middle of the plaza near Paper Plus and The Warehouse, Shake Shed & Co has something to tempt every taste bud.

As the name suggest, shakes are a delicious speciality here. But you'll also find other mouth-watering treats including soft serve cones, smoothies, sundaes, milk shakes, bubble teas, and of course, the ice cream.

And when you want something savoury or warm, feast on a tempting American-style hotdog, in several flavours, and fries.

On-trend bubble teas are popular, and with jelly bubbles they are safe for kids. Try one of the creamy

bubble teas including the super popular brown sugar or creamy taro, or the fruity creamy mango and creamy strawberry.

Or grab one of the legendary shakes that the store is named after; there are plenty of flavours and each shake is topped with ice cream and crumbles.

Stunning ice cream cakes are perfect for a celebration – either order ahead for a custom cake or choose one from the cabinet selection.

Rachit and Charvi love being at the Plaza, where everyone is friendly, and their regular customers include kids enjoying an after-school treat.

Follow "Shake Shed & Co Papamoa" on Facebook.



Charvi and Rachit from Shake Shed



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Foodcourt 9am - 8pm daily