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We welcome letters to the editor for publication.

Email ellen@papamoapost.co.nz. Letters should not exceed 200 words, and may be edited, abridged, or rejected at the Editor's discretion.

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If it's local and it's news, we want to know about it! We invite local clubs and organisations to get in touch and contribute your stories.

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#### Pāpāmoa Post

### From the editor's desk

He aha te mea nui o te ad He tāngata, he tāngata, he tāngata What is the most important thing in the world? It is people, it is people, it is people - Māori proverb

e are living in uncertain times. The world as we know it is rapidly changing and as you read this, the situation is likely to be very different from the moment of writing.

Yet, in such unprecedented days, the importance of community has never been so evident. The spirit, kindness and sense of community in Pāpāmoa are strong. We've seen this time and again in the past year since launching Pāpāmoa Post. And it will stand us in good stead as we work through this uncertainty and stay home to beat this virus.

As a monthly publication we cannot provide the latest updates on the Covid-19 situation, which is changing daily, even hourly. But we are here to uplift and remind you during this lockdown that we live in a community that is tenacious and connected; a community that looks out for one another.

This issue's cover celebrates many of the wonderful people who

have appeared in Pāpāmoa Post over the last year. And we continue to celebrate Pāpāmoa in this issue - our children achieving great things, the business owners providing us with services and options (before and after this lockdown), and the natural beauty of our neighbourhood.

These stories may appear insignificant in the face of the serious issues we're facing. But the stories are now even more poignant as we're not sure when our kids will next get to enjoy such simple things as team sport and school events. Things we took for granted about living in Pāpāmoa just a month ago.

We urge you to continue to support local businesses as much as possible at this time. They are part of what makes our community great, and they certainly need our help. When this passes, let's embrace our local businesses and services and love-bomb them with our support.

Please look after each other. Stay home, follow the Government's advice, and keep in touch via phone and internet with people who may be lonely or vulnerable.

We live in an amazing place, in the best country in the world. Together, we've got this. ■

#### Pāpān turns one

āpāmoa Post is celebrating a milestone this month - the community publication with heart is turning one. Like everyone celebrating a birthday at this time, it's a subdued celebration, with Covid-19 pandemic lockdown dictating the first ever online-only issue.

I started the Post early last year after seeing a need for a Pāpāmoa-centric publication that celebrated our community and provided stories and information that was interesting, relevant and 100 per cent local.

I truly believe Pāpāmoa is its own unique community. Although officially we are a suburb of Tauranga, we've found our residents don't especially identify with what's going on 'over the bridge'. We want to read about what's happening here in Pāpāmoa - seeing people we know, our neighbours, schools, clubs and businesses in

print. The focus has always been on providing stories that people want to read.

Putting together the paper is a labour of love: my background is in journalism and public relations, and every month I start with a blank slate, generating and writing the articles, liaising with advertisers and readers.

I want to express my heartfelt thanks to all our wonderful advertisers, without whom we couldn't produce Pāpāmoa Post. Also to our loyal readers, and all the wonderful people who have featured in the Post in the past year. It's been an honour to share your stories with our community. It seems fitting, this month especially, to feature some of the wonderful people in our community on the cover.

■ Ellen Irvine

# Pāpāmoa Post Pāpāmoa Post Pāpāmoa Post























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### Vince walks 440km for charity

Pāpāmoa dad has completed a 440km walk from Cape Reinga to Auckland to thank Ronald McDonald House for its support when his son was unwell.

In 2018, Vince Scappucci and his partner Jessica went through a parent's worst nightmare when their one-year-old son, Leo, suffered a brain injury and was hospitalised for six days.

Vince was cooking dinner at their Pāpāmoa home when, in the blink of an eye, Leo fell off the bench. He went to hospital by ambulance, followed by a flight to Auckland's Starship Hospital, where he stayed for six days.

The family, who are moving to Germany

after six years in Pāpāmoa, had no time to plan after Leo's accident. Vince says he and Jessica arrived in Auckland with only the clothes they were wearing. "The next morning, we were told there was a place at Ronald McDonald House for us to stay."

The Ronald McDonald organisation offers families a "home-away-from-home" and a safe haven to retreat to when their child is in hospital; every year, it provides more than 4300 Kiwis across New Zealand support and accommodation free of charge.

To thank RMHC New Zealand for its invaluable support, Vince participated in



Vince and Leo



Vince after his epic 440km walk.

the House to House fundraising event in March. The event encourages people to run, walk, cycle or swim at least 210km (roughly 10,000 steps per day), which is the average distance a family travels from their home in a month to a Ronald McDonald House.

Vince walked 440km over five days, beating his target time of 10 days. The distance was chosen as it is the total distance he had to travel when Leo had his accident.

"I feel this was my chance to say thank you. It still hurts me to think that Leo ended up in hospital. He went through an incredibly hard time, so I was happy to walk 440km for him," says Vince.

Leo, who turns three in April, is now doing well. Vince says Leo's medical team, and the support of his childcare centre at New Shoots Sandhurst Drive, has been wonderful.

"It hasn't been easy for him to keep up with his development (milestones), but he is doing great. The New Shoots team really love him and have helped him so much, we have been really lucky with the local support"

The House to House campaign aimed to raise over \$200,000. ■







## We're here to help you...

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### Something special at Dorjé

With its elegant chandeliers and Hamptons-style panelled wood, the Dorje store at Papamoa Plaza is the perfect mix of relaxed beachside chic with a touch of glamour.

It's a perfectly fitting setting for the clothing store which blends a touch of the exotic with a decidedly Papamoa twist.

Andrea and John Bourke, who own three Dorje shops including the Papamoa Plaza store, says the boutique offers a unique range of clothing and accessories that are "just that little bit special".

On a quest to find the most beautiful clothing and accessories for all occasions, Andrea and John regularly travel to Bali, Thailand and China to hand-pick stock to bring home to Tauranga.

Whether it's the latest fashion cut-out playsuits, animal print kimonos, brightly coloured resort wear or beautiful dresses for a special occasion, Dorje has you covered. Andrea and her team can help you pull a whole look together, styling you with jewellery,

"People love this shop because we have clothes that are different from other shops," says Andrea. "You can stand out from the crowd

and wear pieces that are original."

In summertime Dorje is your go-to place for beautiful beachwear and the perfect dress for that summer party, while in winter you'll find a huge range of scarves, warm tops and the perfect resortwear for your winter getaway or cruise.

Come instore now to check out the new range of knits for autumn and winter, in a whole range of colours.

At Dorje you'll find clothes that are enjoyed by women of all age ranges. Andrea's daughters, in their early-20s, influence the Instagram-worthy younger fashion, while other items are popular with the mature customers. Each versatile item looks just as stunning on any age and figure, styled differently so that every look

Dorje also stocks an impressive range of sterling silver jewellery, as well as costume jewellery statement necklaces which are the perfect gift or treat for yourself.

Call into Dorje today and say hello to the team who will help you find a unique outfit that will stand out from the crowd.







### A feast for the senses at @cquisitions & perfect for gifts

Whether you're looking for the perfect gift or a treat for yourself, there's literally something for everyone at Acquisitions.

The store, located at Papamoa Plaza near the foodcourt, is a treasure trove boasting an ever-changing range of beautiful hand-picked products. From art and home décor, Kiwiana, a huge array of kitchen items and novelties, to bath and body products and children's gifts, you'll find it at Acquisitions.

Manager Kim Wiltshire says she and the team pride themselves on customer service and will come up with the perfect gift for everyone on your list. If you're stuck for an idea, they are here to help.

"I love our customers," says Kim. "We get lots of regulars as well as holidaymakers. We get so many positive comments, and I just love all the exciting stock that keeps coming in all the time. Come and talk to us, we really do have something for everyone!"

The store is also the perfect place to find a gift for the "hard to buy for" man in your life. Eco-conscious gifts such as lunch bags and reusable coffee cups and straws are proving a hit, but there are loads

of options for every personality and interest.

As we head deeper into autumn and the cooler months, Acquisitions has plenty of items to keep you warm and cosy. Well known for its gorgeous extensive range of scarves in every colour, there are also soft and unique winter hats. "We have a gorgeous range of beautiful bright ponchos, which will really add some brightness to winter," says Kim. Jewellery and handbags are also a great way to add vibrancy and personality to your look.

The extensive aromatherapy range will keep your home smelling divine, with the popular Tilley range of diffusers, hand creams and soap also back in. With an extensive range of wall art and clocks, Acquisitions is the perfect place to shop if you're wanting to change up your décor.

Kiwiana is another speciality area, with plenty of New Zealand gifts to send to family and friends overseas.

Come and see Kim and the team at this colourful "treasure trove" of a



### Defibrillator gifted to community

Pāpāmoa couple dedicated to ensuring lifesaving defibrillators are readily available has donated one to FreshChoice Pāpāmoa.

The automated defibrillator (AED) now sits at the supermarket's entrance, where it can be easily accessed by the public. It is a gift from David and Di Holland, who have provided five such devices they've donated to their community. The Hollands aims to have an AED available within 600m in the Pāpāmoa area west of Domain Rd.

AEDs were developed to save the lives of people experiencing sudden cardiac arrest. Even untrained bystanders can use them in an emergency. The other AEDs donated by the Hollands are at the Q building in the Coast subdivision and at a Grenada St village, and two units are kept in all-terrain vehicles operated by Pāpāmoa Surf Lifesaving Club on the 16km stretch of beach.

Says David: "They (lifeguards) could be 3km or 4km from the clubhouse and need one, and this means they have got one in their vehicle so it can be used straight away."

David and Di's impetus to provide AEDs for Pāpāmoa was sparked after a drowning on the beach near their home about 10-15 years ago, when a local resident tried to save someone in trouble in the water but ended up drowning.

The couple have lived in Pāpāmoa West for 32 years and wanted to give back to the place they love. "We are rapt that we can provide the community with such a

device," says David. "This area, like a lot of Pāpāmoa and Tauranga, has a large percentage of elderly people. With other AEDs already around, we have filled the gaps so everywhere in the western part of Pāpāmoa from Domain Rd is now within

600m of an AED."

David says the recent development of the Coast retail area, which now includes FreshChoice, a BestStart childcare centre, The Good Home and Pearl café, means the location of the latest AED is ideal. David and Di have a long association with Pāpāmoa. David was involved with the development of the Pacific Shores subdivision, where they live. He also had a stint as an elected member of Tauranga County Council.



David Holland.



### Comvita Top School 2020

Teams from Pāpāmoa's four primary schools enjoyed old-fashioned Top Town-style games at the annual Comvita Top School event at Paengaroa School.

A crowd of more than 1200 supporters and competitors gathered for fun and games that involved slip 'n' slides, buckets of water, sponges, obstacles and much more. A team from the host school beat 23 other teams to first place in the Year 5 and

6 competition, with Te Akau Ki Pāpāmoa School second, Pāpāmoa Primary third, Tahatai Coast School fourth and Golden Sands School 8th.

Cheerleading teams from each school kept morale high during the all-day tournament, with the cheerleading teams also taking to the stage to compete.

That competition was won by Te Puke Primary School, with Te Akau Ki Pāpāmoa 2nd and Tahatai Coast School 3rd. ■



Team Golden Sands.



Team Pāpāmoa Primary.



Te Akau Ki Pāpāmoa's cheerleading team in action.

### **LOOKING TO BUILD?**



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'We've learnt something from each build we've done but the one part that never gets easier is choosing the colours. This time it was all about warmth, so we opted for oak timber flooring. We both love it so much - I don't think we'll ever use anything else'.

NIKITA

'Call me biased, but Classics is great to deal with. I don't just think it; I get positive feedback from both customers and industry all the time'.

САМ

Cam McCallum enjoys building new homes so much, he reckons it's easy. The Classic Builder's Operations Manager and partner Nikita are old hats, having completed their third project.

Keen entertainers, Cam and Nikita designed a home that made hosting both seamless and enjoyable.

"People aren't always aware how much individuality you can achieve with Classic Builders, but the options are endless. We loved being involved in every stage of the decision-making process and having the opportunity to choose exactly what we want." - Cam.

For baking enthusiast and accomplished cook Nikita, it was a sizable kitchen larder to store cake tins, appliances and the ingredients necessary to whip up culinary delights. Cam insisted on a mancave, designated solely for sport watching, with an excessively large television screen. Both rooms wrap an outdoor courtyard, sheltered by an adjustable louvred ceiling. Whoever says they don't have favourites is fibbing. For Nikita and Cam, it's unanimous - this area wins, hands down.

"The stacking sliders are an architectural design and are enormous. Opened right up, the whole area between inside and out becomes one." - Nikita.

Cam and Nikita have done their dues in less enviable abodes (think university flats) and had a specific list of 'must haves'. The first, a gas fire. Quick to warm, easy to get going and ducted to each of the four bedrooms, it ticks not only the heating box but has ambience covered too.



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### Unicorn Lane: Pāpāmoa's most magical street name

o you fancy living on Unicorn Lane?
This fantastical name has been given to one of the newest streets in Golden Sands. Bluehaven Management says streets in the latest stages of the Golden Sands subdivision have been

named after the Royal Coat of Arms. These include Crown St, Lion Pl, Harp Pl and of course Unicorn Lane. Other accessways have been named after Māori artforms including Taniko, Pakati, Moko, Haka and Manaia.



### E-bikes save time, money and planet

Pāpāmoa residents wanting to cut their commute times by up to 50 per cent are being encouraged to give electric bikes a go.

Dan Wallace of Electrify says an increasing number of locals are turning to e-bikes to save time and money and reduce environmental impact.

"It takes just 22 minutes to get to the Tauranga CBD on a e-bike from Pāpāmoa Plaza during rush hour traffic, while it typically takes on average 45 minutes by car," says Dan, who says there are also significant fuel savings to be made. "It costs just 12 cents to do 100km on an e-bike."

The Magnum Voyager and Navigator ebikes, for example, are designed as commuter bikes and reach speeds of 40kmh. "There are none of the costs associated with a car such as parking fees, petrol and registration, so this bike pays for itself over a year – plus it will get you to work faster," says Dan of the \$2999 bike, which gets 90km from each charge.

The figures speak for themselves - the

energy running cost of an e-bike per 1000km is \$2.15, compared with \$189 for a petrol car.

It's no surprise that the use of electric bikes is growing at an extraordinary rate in New Zealand. E-bikes combine the benefits of bike riding – enjoyable, low impact exercise and reliable travel times – with the benefits of clean, electric power.

E-bikes are becoming increasingly popular with people wanting to escape the traffic but to arrive at work "sweat-free" instead of working up a sweat on a traditional bike.

Reducing carbon emissions and becoming more environmentally sustainable are



Dan Wallace at Electrify.

also key drivers. Electric bikes are one of the most environmentally friendly transportation methods ever invented, says Dan. An e-bike emits 0.9kg of carbon over 1000km, compared with 210kg of emissions from a petrol car.

"They combine the benefits of New Zealand's clean and renewable energy with the enormous energy efficiency of the bicycle. The running costs and pollution associated with an electric bike are minimal. E-bikes are also really popular with people wanting to get back on a bike and explore the fantastic recreational trails that the Bay of Plenty has to offer."

Electrify opened at Pāpāmoa Plaza in September and offers an extensive range of city bikes to suit a range of riding styles and budgets.

"We are New Zealand's only nationwide specialist electric bike retailer. All Electrify NZ stores are locally owned, so you can rely on knowledgeable advice, personal service and after sales support where and when you need it."



### Creating your own 'Simple Happy Space'

ot all superheroes wear capes there's a champion in Pāpāmoa who is quietly transforming houses and lives, one basket at a time.

Heather Brett is a natural born organiser who is here to save your time and sanity by helping you sort out that messy pantry, cluttered wardrobe or overflowing garage.

A professional organiser who is in demand from Whakatāne to Waihi, Heather started her business Simple Happy Spaces to give people the gift of time. "An organised home saves you time, lowers stress levels and frees you up to spend more time doing what you really love," says



Heather, who lives in Golden Sands with her husband Logan and daughter Stevie. "Sometimes I get messages from a client saying, 'you have changed my life'. They didn't realise just how much time they spent looking for things."

No two jobs are the same, with Heather tailoring every plan to each individual household. Small projects or large, she can declutter and organise a space, room or an entire home. She also does bedroom makeovers, sets up kids' rooms, and home offices. Other customers need help in the kitchen - whether that's a complete reorganisation, or a sort-out of the fridge or

Heather's services are perfect for anyone going through a significant life change. Such as setting up a nursery for a new baby, merging two households after a wedding, or downsizing and selling the family house after the kids leave home. "Almost every life event you can think of is where a personal organiser can come on board and make it that bit easier. I'm a fresh set of eyes to see things with a new perspective.

Heather can either work alongside you to sort a space or do it for you entirely. She also now offers DIY packages, to empower clients with the skills to get organised at their own pace and remain organised long

"There's no one size fits all," says Heather. "When I meet a client, I ask a lot of questions, to make sure that what we do fits their lifestyle and family. I really get to



Heather Brett of Simple Happy Spaces.

know the individual person, as they are the ones that will get the most benefit out of

Bubbly and welcoming, Heather is no Marie Kondo-style organiser seeking perfection. "It's about being relatable, and solving problems," says Heather, who puts people at ease straight away. "You don't have to be perfect to be organised. I love it, it's a job where you can feel you have really achieved something at the end of the day."

For more information, see Heather's Facebook page Simple Happy Spaces or give her a call on 0226302036. ■



## Meet Bur Hygienists



Sam Badenhorst

A Dental Hygienist is a dental professional who works together with the dentist and specialises in the detection, treatment and prevention of gum disease and tooth decay. Hygienists have a three-year University degree, focussing on gum care and oral health.

As gum disease is usually painless, the only hint of a problem can be noticed with bleeding, bad breath, or having a bad taste in your mouth. If gum disease is left untreated, it can lead to loss of bone support around the teeth, which can become loose. For adults over 40, more teeth are lost due to gum disease than tooth decay

Gum disease is also linked to increased risk of developing stroke, heart conditions and osteoporosis. There is also a strong link between gum disease and diabetes, with diabetic patients being more prone to rapidly progressing gum disease

Papamoa Dental Centre is very privileged to have two fantastic Dental Hygienists on its staff. Sam Badenhorst joined the practice at the beginning of 2019, having graduated from AUT in 2010 and Laura McNeilly joined the practice this year, having graduated from AUT in 2016. Sam and Laura were both working in Tauranga prior to joining Papamoa Dental Centre.

Sam and Laura both aim to work together with patients to achieve optimal oral health by way of treating gum disease and providing patients with the tools and education to improve and maintain good oral hygiene. They both strive to make the experience of visiting the hygienist as pleasant as possible, so that patients feel happy returning.



Laura McNeilly

For bookings or more information phone 542 2294 or book online at www.papamoadentalcentre.co.nz Or visit us 532 Papamoa Beach Road



**Papamoa Dental Centre** 



One of Paula's recent works.

## Beach provides painter with a guiding light

A rtist Paula Knight doesn't need to look far for inspiration for her paintings of coastal New Zealand. Her Pāpāmoa Beach Rd home, now converted into a studio and classroom, is located in one of the best spots in Pāpāmoa, right across the road from the ocean.

Paula's artwork is distinctive for its beautiful blues and greens, the colours of the coastal New Zealand scenes she has become known for. And while Paula gets to enjoy this beauty every day, she receives commissions from clients who also want a piece of Pāpāmoa or coastal New Zealand in their home in the form of an artwork.

"It's places that are special to them," says Paula, who likes to visit an area before starting her painting. "I've got to really feel it before I paint it."

Recently, she's been focusing more on painting surf. "I've really started enjoying more of that," she says, pointing out a painting of a Pāpāmoa wave.



Paula Knight at work in her studio.

Paula is a nature lover and her other inspiration is the bush. Being outdoors, whether it's a coastal or forest environment, is important to her; a grounding. Previously her work featured botanicals and tropical inspired flowers.

Over the years she has also taught hundreds of people to paint, unlocking their creativity and making many friends in the process. She teaches two classes a week in Pāpāmoa, and has also led "painting and soul food" retreats to Bali with her daughter Harriet.

The retreats offer creative inspiration and delicious food in a beachfront Balinese garden. It's something Paula has really enjoyed. "It's a really beautiful mix," she says. "Some of the people who come are students [of mine]; some of them have never painted. Everyone works on their own level. It's a beautiful unfolding."

Paula has been in Pāpāmoa for 27 years; it's where she raised her children. While she still loves her bach-style home here, she now divides her time between Pāpāmoa and Pukehina. The slower pace of Pukehina reminds her of the Pāpāmoa of the early 1990s when she arrived. "I accept the change," she says, acknowledging the positives it has brought such as cafes and yoga studios. "I feel like I have the best of both worlds now."

Paula has been involved with the Bay of Plenty Garden and Art Festival since its inception more than 20 years ago. The festival typically pairs the work of local artists with beautiful unique gardens in the area. In Paula's case, she provides both the garden and the art, and her coastal backyard offers a point of difference to other styles of gardens.

"It's great, because people can come here and see what I am about. It's a really good way to meet people. People like to have a relationship with the artist."

The Garden and Art Festival is scheduled for November.

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### Project fosters fitness and self-esteem

new programme aiming to boost self-confidence and get girls active has got the tick of approval from a group of Pāpāmoa College girls who are part of a pilot group.

The 16-week triSASSY programme is for girls aged 11-13 and it provides participants with a tool-kit to build and preserve self-confidence.

Launched by Tauranga Triathlon, the initiative has a core group of eight girls at Pāpāmoa College, who took part in the Generation Homes Women's Triathlon, as part of the wider triSASSY programme.

But triSASSY is about much more than physical exercise: project leader and coach Kathy Miller says it provides girls with a tool kit to build and protect their self-esteem before they become teenagers.

"There's so much pressure on young girls," says Kathy. "At this age they still feel pretty good about themselves. It's about trying to arm them with some tools before they need them.

"The whole point of it is to have some fun, and let them know that doing exercise is good for physical and mental health. You don't have to be amazing at something; it's finding something you enjoy. I want them to continue to have that adventurous side."

The girls attend the programme once a week after school. Each session varies and includes a physical aspect as well as a discussion activity. Physical activities have included a fitness test, boxing, biking, running, swimming and circuit training. Discussion topics have ranged from using social media to exploring your strengths, setting goals, self-care and wellbeing, and what it means to be a girl, using the "Like a



 ${\it P\bar{a}p\bar{a}moa~College's~triSASSY~team~members.}$ 

### Catholic school approved

Pāpāmoa's Catholic school has been given the green light and was due to open in term one 2021.

Minister of Education Chris Hipkins signed an integration agreement for Suzanne Aubert School in March. An establishment board of trustees has been appointed, and the school was expected to open with 100 students at the beginning of next year.

"Although demand may see enrolments grow faster, the proprietor [the Catholic Bishop of Hamilton] expects the roll to grow by around 35-45 students per year after opening," says Katrina Casey of the Ministry of Education. "This would see the school reach its maximum roll of 250 students between 2024 and 2026. The school has a small network benefit in providing additional capacity in the schooling network in Pāpāmoa."

The land and buildings for the school, located on The Boulevard near the corner of Golden Sands Drive, are being provided by the Catholic Bishop of Hamilton.

Pāpāmoa has been named by the Ministry of Education as one of 39 "high growth catchments" in New Zealand identified in the National Education Growth Plan.

Says Katrina Casey: "As communities

change, so too do the schooling needs of their children and young people. Our job is to manage school infrastructure by planning for growth and population shifts both in the short-term and much further out as well. To do this, we consider population projections, local council information enrolment data and how well schools are utilised."

The National Education Growth Plan for

Pāpāmoa, released in May 2019, identified that 1000 more students were expected in the Pāpāmoa school network by 2021. An additional 485-1080 students will be in the network by 2030.

This is being addressed with new class-rooms at Pāpāmoa College and Golden Sands School, the new Te Okuroa Drive School due to open in 2022, and now Suzanne Aubert School.



Girl" campaign.

It's been a hit with the girls, including 12-year-old Willow Mayfield, who did the swim leg for her team in the Generation Homes triathlon and says the programme has been "splendiferous".

Willow signed up "because it looked fun and I'd never done a triathlon and wanted to do one. It was like a team-building thing."

Taylah Medeiros, also 12, was previously attending adult fitness classes with her mother, and enjoys being able to train with girls her own age. Taylah, who also does boxfit, came up with the triSASSY tagline, "Because I'm possible."

Alex Tilby-Adams loves that the programme offers the chance to meet new people "and get active at the same time instead of sitting around". Alex did the full triathlon as an individual and came 7th in the 11-15 year age group.

Jenna Mowbray, 12, loved completing the team event and next year aims to compete as an individual. She was drawn to tris-SASSY because "it was physical activity and also mental health which is really good when I'm growing older and I may need it".

The programme has had huge community support – local triathletes have donated more than 100 items of clothing, equipment and even bikes to make sure the girls have everything they need to participate. Their kit was donated by Smiths Sports Shoes, MyRide Mount Maunganui and Triathlon Tauranga, with MyRide also servicing donated bikes and getting them road-ready for the girls.



A registered nurse for over 20 years specialising in appearance medicine, Leisa's passion is making people feel more confident about themselves.

Friendly and approachable, you can get expert advice and treatment with natural results in a small home clinic.

Leisa Magall
REGISTERED NURSE



### Pāpāmoa clubbies shine at contests



Pāpāmoa's under 8 boys competing at the Eastern Region Junior Champs. PHOTOS: JAMIE TROUGHTON/ DSCRIBE MEDIA.

A season without a club house has not held back athletes from Pāpāmoa Surf Lifesaving Club, who have excelled at regional and national competitions.

Two Pāpāmoa clubbies, Natalie Peat and Scott Cowdrey, have been selected for the open New Zealand squad. The pair shone at the 2020 TSB New Zealand Surf Life Saving Championships last month. Natalie won gold in the 'run swim run' open female, silver in the open female surf race, bronze in the rescue tube rescue with team-mates Ariana Moffatt, Libby Bell and Maia Bryant, and bronze in the open

female Taplin relay, with team-mates Libby Bell and Sophie Hayden.

Scott won gold in the open male board rescue, with his brother Mitch, who is Pāpāmoa Surf Lifesaving's club head lifeguard.

In the Masters competition, Sandra Boubee won three gold medals, one silver and a bronze; Naomi Davoren won gold and silver, and Jim Casey won two silvers and a bronze. Ryan Hohneck won gold and silver, and Leslie John Callaway a bronze medal

The Junior Surf crew also did well in the

Eastern Region Junior Champs in Ohope. Gold medals were won by Luke Gillbanks, Kobe Kelly, Tristan Lim-Yock, Ty Kelly, William Chugg, Toby Borman, George Blanchard, Toby Bowling, Brayden Lim-Yock, Tamatua Ferguson, Mia-Paige Fitzgerald, Kaelan Sinclair, Drew Heatley and Sienna Olsen.



Mitch Cowdrey competes at the Eastern Regional Senior Champs.



Under 9 Brayden Lim-Yock at the Eastern Region Junior Champs.

## Community centre sought for Pāpāmoa East

dedicated group of locals is working to establish a community centre for Pāpāmoa East.

The Wairakei Community Centre Trust is a church-led group collaborating with Tauranga City Council on the project.

"It will be a place that people can come to for all sorts of social needs," says trust chairman Brian Cavit, a retired minister and hospital chaplain. "We have a concern for people's pastoral [care], and we are looking to have [a centre] developed in Pāpāmoa East which is really going to meet the needs of people."

Brian says the trust has been operating for some years, through "a few changes and permutations".

He says with the growing population in Pāpāmoa East, the need for social services is imperative. Travelling to Pāpāmoa Family Services at Hartford Ave, which offers resources including a foodbank, financial services, counselling and youth programmes, is not always possible for those in need.

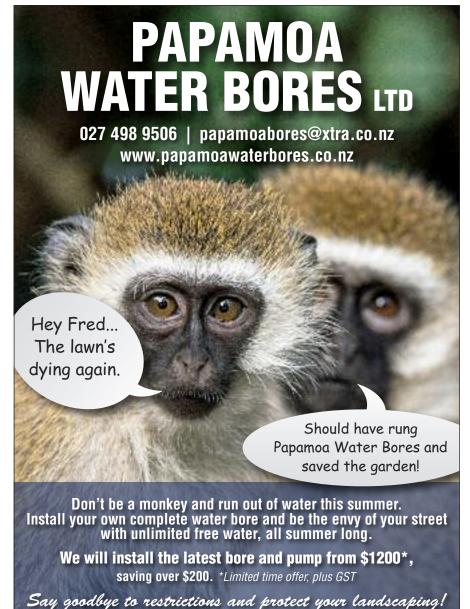
"People don't have a lot of money and transport, and can be very stuck down in Pāpāmoa East. We want this to be a place where people can come, knowing they are going to get the help they need."

The group plans to make a submission to Tauranga City Council's annual plan.

A spokesperson from Tauranga City Council says the request for a community centre in Pāpāmoa East formed part of the council's last Long-Term Plan (2018-2028). Revised dates for delivery are due to be considered as part of the next Long-Term Plan (2021-2031).

In the council's deliberations report of the previous long-term plan, it said it was pursuing options to either buy or lease a site for a community centre in Te Tumu. Council staff will work with all stakeholders in the development and ongoing operation of the site.

Likely delays to the development of Te Tumu will also delay the development of the community centre, which was originally scheduled for 2025, says council.



## new hair salon

rganic and sustainable hair styling has arrived in Pāpāmoa. Drift Hair and Beauty nurtures and cares for its clients, leaving them with gorgeous hair that enhances their wellbeing, and is also good for the planet.

Stephanie Bonner is the driving force behind Drift and its sustainable ethos. Stephanie is a familiar face in Pāpāmoa, having previously owned a local salon for a decade. With the help of her builder husband Alec, Stephanie has completely transformed the existing salon into a serene white space with plenty of plants and natural woods.

In keeping with her sustainable ethos, the salon's fit-out and décor was achieved almost entirely by using recycled and pre-loved items.

always loved upcycling," says Stephanie. "The biggest thing for us here at Drift is the health of our staff, clients and the planet - this is my planet and my children's

This sustainable ethos flows through to all the products used at Drift, which is located at Fashion Island near Number One Shoes. The salon uses Pure Haircare products, which are made using 100 per cent organic certified and biodegradable ingredients, and are sulphate-free and paraben-free. Even the packaging is made using recycled plastic diverted from landfill.

Stephanie, who has more than 30 years of industry experience, has assembled a dream team including salon manager Marista Schoeman, senior stylist Heidi McCauley, and barberess Kerry-Ann Glover (formerly of Kell's Barber). Kerry-Ann's services are unique in Pāpāmoa and include wet-shaves and beard trims.

Drift also welcomes Auckland permanent makeup artist Sarah Hardy, who will work regularly out of the salon to offer services including non-surgical facelifts.

Stephanie is excited to return to hairdressing after a nearly three-year break trying her hand at horticulture. But hairstyling is in her veins, and she couldn't stay away. "My mum was a hairdresser, and I'm a hairdresser. It's a passion; it's who I am."

Originally from England, Stephanie was previously a lecturer in hairdressing theory and practical at Oxford Polytechnic, and a standards officer in hairdressing for City & Guilds, as well as owning her own salons.

With Drift, she's opened her dream salon a welcoming, airy and calm space with topnotch service and only the best stylists. "It's a welcoming place where you can bring the whole family together - we offer services to everyone."

The salon's name is reflective of that. "Drift means to move slowly from place to place. It's also a nod to the beach, with things coming up on the drift. It's perfect, and we can't wait to see some familiar faces again and welcome new ones to the salon," says Stephanie.

### Drift into Pāpāmoa's New business wordates



#### **Excelsa progresses**

Building was progressing well prelockdown on the old Four Square site at Pāpāmoa East. The building will house Coastal Pet Vet, Hello Sushi, Anytime Fitness and the new Bluehaven offices. It was scheduled to be completed in August, with a likely earlier handover to

#### New Mitre 10 for Pap

A new Mitre 10 MEGA and medical centre will be built on Domain Rd, on land across the road from the Waipuna Hospice

Grant Fraser, chief legal and property officer, Mitre 10 New Zealand, says the land was bought last year and the business is now applying for resource consent for a new Mitre 10 MEGA and a medical facility on the site.

"Pāpāmoa is expanding rapidly and we identified the need to increase our footprint in this area to meet the needs of this fast-growing community. We are in very early stages of the process and timelines have not yet been confirmed."

THE CHILL TRADIES

Grant says the plan is for a new big-box Mitre 10 MEGA store. It will be locally owned and operated by the current owners of Mitre 10 Pāpāmoa, "who are looking forward to serving their community with an even greater offering".

"Of course, a larger store will also need a larger team, though it is too early to say how many new roles this would create."

#### **BP** confirmed

A new BP Connect site is planned for Bruce Rd, Pāpāmoa. BP confirmed that resource consent has been granted and ground works are underway, with a construction timeline and opening date still to be confirmed.

The site will offer a range of fuel choices, carwash, retail convenience shop and Wild Bean Cafe as well as the Good Mood Food selection of Krispy Kreme doughnuts, Häagen-Dazs ice cream and Wishbone ready

A spokesperson for BP told Pāpāmoa Post that each BP Connect site generates approximately 20 new jobs for the local



The Drift team: Kerry-Ann, Heidi, Marista and Stephanie.

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### drift. hair and beauty NOW OPE

Stephanie and the team welcome you to Papamoa's newest hair and beauty salon. We use sustainable products and practices to nurture and care for you and your hair, without harming our planet.

Cuts • Colouring • Men - full barber service • Permanent makeup • Appointments and walk-ins welcome Stephanie Bonner | Marista Schoeman | Heidi McCauley | Kerry-Ann Glover (barberess formerly of Kell's)

## The Rock Community Garden Pāpāmoa

#### **Trust News**

We are fundraising for four projects that we are keen to start as soon as possible. These include upgrading our facilities to include a rest room, completing the clearing of stage 2, and maintaining and improving irrigation. Another big goal is to design and build a system that will provide 50 per cent shade to priority areas of the garden, which will help manage the kikuyu grass.

#### From the garden

Over summer we had success with toma-

toes, green leaf veges, grapes and passionfruit. With the long hot summer, the 'ground cover' helped protect the producing crops and improve moisture retention, holding the soil in good shape while providing food and habitat for numerous insect and bird life.

As we prepare areas for winter crops, we are planting bare soil with other useful species, such as oats and barley, in order to beat the nuisance weeds and improve soil through the cycles. Another resource we

need more of is organic compost, to spread over areas and continually feed the soil.

We are having combined work-days and lunch every second Saturday, 11am to 3pm, with the next scheduled for April 4, April 18 and May 2.

#### New initiative

We are working on a new project designed to enhance the entrance of the gardens, and to improve the experience for our willing helpers.

We have decided to create 10 plots at the

entrance to the garden on the right-handside. These will be assigned to dedicated gardeners who will individually care for them. This gives the gardeners a smaller area to concentrate on, while other areas can be improved as possible by other regulars and new recruits. We're taking applications for the 10 plots. Gardeners will need to adhere to guidelines from our overall management plan with Tauranga City Council, and will be given assistance. For more information, call 07 575 0407.

# Labour List MP Angie Warren-Clark Stay home and stay safe

ast week saw a significant shift in gears from alert level 3 to 4 with corresponding nationwide selfisolation from Wednesday night for a period of one month. Further decisive action resulted in the declaration of a state of national emergency by the Prime Minister and the issuing of a notice of epidemic, prior to the period of nationwide self-isolation coming into force.

The Prime Minister outlined in her speech on Wednesday prior to lockdown that all the actions taken so far by our government were implemented following expert advice, in this case by the Director of Civil Defence Emergency Management to the Minister of Civil Defence.

All our actions to date have been taken in order to manage the spread of the COVID-19 epidemic within New Zealand and we took this step because of the unprecedented nature of this global pandemic, and because the response required to combat COVID-19 is such that it will be beyond the capacity of local Civil Defence Emergency Management Groups to respond to on their own.

This pandemic also requires a significant and coordinated response by and across central and local government. The catalyst for the increasingly stringent measures to combat COVID-19 has been the early evidence of community transmission of COVID-19 in New Zealand and we are taking a zero-tolerance approach to combat

We still have a chance by staying home to break the chain of transmission, and save lives so we must take this period of self-isolation extremely seriously. We must remind people that only those in essential services will leave home to go to work while all others stay home and stop interactions with those outside their home or risk the virus spreading exponentially and incurring an extended period in lockdown

for everyone. There will be no tolerance for that and as government, we will not hesitate to use our enforcement powers if needed.

The Prime Minister also outlined that this is only the second time in New Zealand's history that a State of National Emergency has ever been declared with the first being in 2011 following the Christchurch earthquake.

It was declared to allow the greatest possible coordination of local, national, and international resources to work on rescue and recovery and our country's second declaration was made to prevent the same outcomes that we have seen in other countries from happening here. This is a declaration to preserve our way of life.

So please remember to stay home and

Contact 0800 Government Helpline on 0800 779 997 or the Healthline team (for free) on 0800 358 5453 or +64 9 358 5453

For all other advice, visit covid19.govt.nz for information and resources.



#### COVID-19: IMPORTANT INFORMATION

We're responding to COVID-19 to keep New Zealanders healthy and position our country for recovery.

The situation is moving quickly, so keep up to date at <u>covid19.govt.nz</u> and access other information and assistance using the details below:

Latest COVID-19 info: 0800 779 997 | www.covid19.govt.nz

If you're showing symptoms of COVID-19: Please call your local GP

For business and tax info: www.ird.govt.nz/covid19 For up to date travel advice: www.safetravel.govt.nz





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### MP for Bay of Plenty Todd Muller

t's rare, isn't it, to be confronted with an experience that you have had no previous preparation for. Normally in life you can anchor your response to events based on what you learned last time when you experienced it.

But none of us have ever seen anything like Covid-19. I write this as we head into Level 4. All non-essential businesses closed. Most of the community sent home, isolating against a debilitating threat, but still trying to make sense of it, watching with understandable fear events unfold in other coun-

stress is palpable, one part concern over the health of our loved ones, one part concern over our financial futures.

What makes our journey so challenging is that for every business that are closing, there are many that are essential and whose employees front day in, day out to keep the basic elements of our community afloat.

Health workers, pharmacists, supermarkets, transport operators, food and beverage manufacturing, many staff are working when we are isolating. They

deserve our collective acknowledgment. We have a \$3 billion kiwifruit industry, but it's the pickers and packers who are fronting because we need to export our way out of this huge economic hole we will be in once this pandemic ends.

I have huge confidence in our community to get through this. But please look out for each other, now more than ever, reach out and say hi to your neighbours. You can still wave from 2 metres away, and your kindness may help someone through their day.



### Pāpāmoa Palms Friendship Club

he Pāpāmoa Palms Friendship Club recently enjoyed a day trip to an alpaca farm at Gordonton, Waikato.

Club member Trevor Swindells says the group of 30 travelled by coach to the farm, and were made welcome.

"We knew very little about alpacas except that they were covered in wool, but we were soon to find out the texture was totally different from lambs' wool," says Trevor. "This was the first thing we learnt in our 60minute lecture by Herman, the manager of the farm. These animals are extremely friendly and like plenty of fuss. There is ample food to feed them and they are very appreciative and gentle, and later we were able to appreciate the softness of the wool in the different garments in the shop."

At a cost of \$22 per person, Trevor says the day was a hit, being both entertaining and informative.

To get in touch with Pāpāmoa Palms Friendship Club, phone Trevor Swindells on 574 6459.



Club members on their day trip.

### Pāpāmoa Residents and Ratepayers Association

Association (PRRA) had its annual general meeting last month.

Elected officers were chair Philip Brown, Treasurer Peter Powley, Secretary Rosemarie Turley and committee members Barry Bean, Iain Bibby, Tony Kinzett, John Middleton, Judy Killalea, Toni TeKawa and Athol Herbert.

Looking back on the previous year, chair-

āpāmoa Residents and Ratepayers man Philip Brown made special note of the PRRA donation of \$1000 towards the Papamoa Surf Lifesaving Club rebuild.

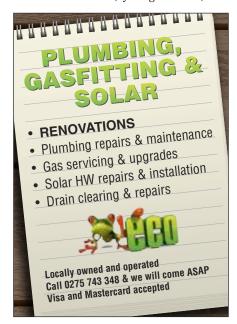
> As the usual monthly meeting continued, councillor Dawn Kiddie addressed the group on the 12.6 per cent proposed rates increase in the Tauranga City Council Draft Budget. Dawn, who is opposed to the rise, feels the groups most negatively impacted would be over-65s, young families, and

people in social housing. Dawn emphasised the importance of getting the basics right: engaging with people and "putting community back in council".

Councillor Steve Morris believes council may defer some projects, including the Pāpāmoa East Interchange. Council is responsible for funding both the lead roads and the overbridge, Steve











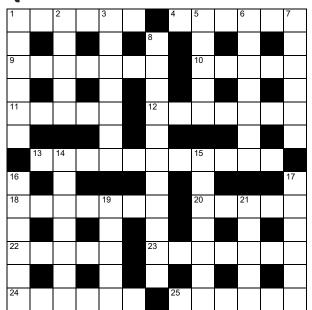
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#### **Quick crossword**



#### Across

1. Tie (6)

4. Falsehood (6)

9. Wrestle (7)

10. Unspoken (5)

11. Proportion (5)

12. Make bigger (7)

13. Echo (11)

18. Inactivity (7)

**20.** Long for (5) 22. Throw (5)

23. Bitter (7)

**24.** Satisfy (6)

25. Edict (6)

#### Down

1. Number (6)

2. Intelligent (5)

3. Detonate (7)

**5.** Praise (5)

6. Part of a film or book (7)

7. Named (6)

8. Likeness (11)

14. Raise (7) **15.** Hermit (7)

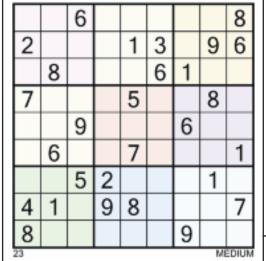
**16.** Chess piece (6)

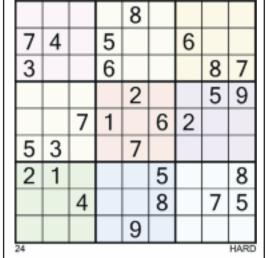
17. Save (6)

19. Lock of hair (5)

#### Sudoku

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.





#### Kids' corner

**Snakes and Ladders** 

HE

TS

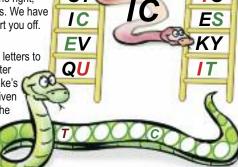
12

#### **Puzzle One**

Can you solve the six-letter words? Connect the letter pairs in the ladder on the left with the correct pairs in the ladder on the right, with middle letters. We have solved one to start you off.

#### **Puzzle Two**

Use the coloured letters to make two five-letter words on the snake's back. We have given the first letter of the red word and the green word.



EL

SP

ST

#### **Solutions**

Crossword

Bishop, 17. Rescue, 19. Tress, 21. After. 7. Titled, 8. Resemblance, 14. Elevate, 15. Recluse, 16. Down: 1. Figure, 2. Smart, 3. Explode, 5. Extol, 6. Excerpt, 22. Heave, 23. Caustic, 24. Please, 25. Decree. Ratio, 12. Enlarge, 13. Reverberate, 18. Inertia, 20. Crave, Across: 1. Fasten, 4. Deceit, 9. Grapple, 10. Tacit, 11.

#### **Snakes and** Ladders

TULIP, CHEST. Puzzle 2 EVICTS, QUICHE. STICKY, ICICLE,

> ELICIT, SPICES, Puzzle 1

#### Sudoku 610+7/0 701+600/0

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All puzzles copyright The Puzzle Company

www.thepuzzlecompany.co.nz

### anick aniz

- Who is the oldest member of the FRIENDS cast?
- Who is the Australian Prime Minister? 2.
- 3. Who is the Deputy Mayor of Tauranga?
- 4. What is the name of Prime Minister Jacinda Ardern's daughter?
- Who is the voice of Elsa in Frozen? 5.
- What is the name of the cult movie starring John 6. Travolta and Uma Thurman released in 1994?
- Which animal features on the Royal New 7. Zealand Airforce logo?
- When was the Treaty of Waitangi signed? 8.
- In what year did New Zealand become the first 9. country to give women the right to vote?
- Who sung the 1980s hit Melting Pot?
- What is the Pantone colour of the year for 2020?

- 12. Which Shakespeare play is famous for the quote "to be or not to be"?
- 13. How long does it take for the Earth to go around the sun?
- 14. What is the capital of Australia?
- 15. Where will you find sloths in the wild?
- 16. What is the name of the tween queen famous for wearing a giant bow in her hair?
- 17. Who was the All Black captain of the World Cup winning side in 1987?
- What are coeliacs intolerant to?
- 19. Which Jamaican runner is an 11-time world champion and holds the record in the 100 and 200-meter race?
- 20. What does HTTP stand for?

### ANCIAIS DC

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1940. Usain Bolt										
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Larry Baldock 13. 365 days	3.									
Scott Morrison 12. Hamlet	2.									
Lisa Kudrow 11. Classic blue	11									

### Pāpāmoa Tide Chart April 2020

	1 Wed	2 Thu	3 Fri	4 Sat	5 Sun	6 Mon	7 Tue	8 Wed	9 Thu	10 Fri	11 Sat	12 Sun	13 Mon	14 Tue	15 Wed	16 Thu
Pāpāmoa Tides	0:40 1.7 6:48 0.6 12:58 1.7 19:10 0.5	7:40 0.6 13:50 1.7	14:47 1.7	9:37 0.5 15:51 1.8	3:29 1.8 9:39 0.4 15:55 1.8 22:04 0.4	10:39 0.4 16:57 1.9	11:37 0.3 17:56 2.0	6:21 2.0 12:32 0.2		8:07 2.1 14:17 0.1	8:59 2.1	9:50 2.0 15:57 0.2	10:42 2.0 16:48 0.2	11:34 1.9 17:40 0.3	6:14 0.4	
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	17 Fri	18 Sat	19 Sun	20 Mon	21 Tue	22 Wed	23 Thu	24 Fri	25 Sat	26 Sun	27 Mon	28 Tue	29 Wed	30 Thu		
Pāpāmoa Tides	2:02 1.8 8:08 0.5 14:21 1.7 20:28 0.5		9:59 0.6 16:12 1.7	10:49 0.5 17:03 1.7		12:17 0.5 18:33 1.8	6:50 1.8 12:57 0.4	7:30 1.8 13:36 0.4	8:09 1.8 14:14 0.4	8:47 1.8 14:52 0.4		10:07 1.8 16:12 0.4	10:50 1.8 16:57 0.4	11:38 1.7 17:46 0.4		
Fishing Guide	B	B	B		<b>∀ G 2</b>	G C	y G C	y G C	y G C	G C	y G C	y G C	G C			
Moon Phase	R 0:46 S 15:13	R 1:44 S 15:45	R 2:42 S 16:13	R 3:39 S 16:39	R 4:36 S 17:04	R 5:32 S 17:30	R 6:29 S 17:57	R 7:26 S 18:25	R 8:25 S 18:56	R 9:25 S 19:32	R 10:25 S 20:14	R 11:23 S 21:03	R 12:18 S 21:59	R 13:08 S 23:01		

News in Brief

#### Artist recognised

Pāpāmoa artist Tania Lewis-Rickard was selected as a finalist in The Miles Art Awards 2020 Exhibition, which was meant to be on display at Tauranga Art Gallery until 7 June. Tania is an art teacher at Pāpāmoa College and the founder of Kai Aroha.

#### Oscar vs Baddies

The fundraising event held at the Pāpāmoa Tavern for five-year-old Oscar Bisman raised more than \$21,400. Oscar is in Starship Hospital for at least six months after being diagfundraising movie screening raised more than \$1500, and the Give A Little page had raised more than \$63,000 at the time of print

#### Diner en Blanc in Pāpāmoa

The secret location for Diner en Blanc's Tauranga event was at Pāpāmoa Beach. The event was set up at the Pāpāmoa War Memorial carpark overlooking the beach. Le Dîner en Blanc is an elegant large-scale picnic originated Paris that takes place in a secret location, revealed at the very last minute. It has been an annual event in Tauranga since 2017.





The girls looking through the new gear.

### Cricket club wins backing from ANZ

āpāmoa Cricket Club is ready to take its 2020 cricket training to the next level, after receiving new gear through an ANZ cricket grant.

ANZ's cricket grant programme gives New Zealand cricket players, teams and schools the chance to apply for sponsorship to help them with their game. Jake Ryan, a coach at the club, applied because he wants to ensure the passion for cricket continues.

The new gear will help the club's cricketers to train to the very best of their abilities and step on to the pitch with confidence in the 2020 season and

Says Jake: "The girls were very thankful and grateful for the gear they received. ANZ has allowed us to provide more opportunities for our girls to get the full experience whilst playing the game they love. It is not just about the gear but the confidence and culture we promote at Pāpāmoa Cricket Club."

Tauranga ANZ branch manager Karen Smith says when the team heard Pāpāmoa Cricket Club's story, "we knew how much this new cricket gear would

## Pāpāmoathe way we were

n our last issue we printed a photograph taken in the 1970s of a quiet Pāpāmoa street. Reader Stacey Kemp got in touch as she immediately recognised the scene as

being taken from the window of her home on Karewa Parade. Stacey also has a photograph of the area in the 1960s, when the road was a sand track.

Although the scene is somewhat different now, one thing hasn't changed - it's still one of the best spots in Pāpāmoa.







In our regular feature Pāpāmoa: The Way We Were, we invite you to send in your old photos of Pāpāmoa. We'd love to see your pics. Please email ellen@papamoapost.co.nz



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